

2007 Gaps Analysis County Profile: Goodhue County

Part 1: Home and Community Based Long Term Care Services: Change in Services

Services where Goodhue County has *added, expanded or improved* the service

Adult Day Care/ Adult Day Care Bath
Behavioral Programming
Caregiver/Family Support and Training
Chore Service
Crisis Consultation from Public Private Vendors
Crisis Respite Bed Services from Public/Private Vendors
Employment Opportunities Promoting Meaningful Job, Careers, Self-Sufficiency
End-of-life, Hospice, Palliative Care
Fiscal Support Entities (CDCS)
Guardianship/Conservatorship
Non-County Information/Referral and Assistance
Respite Care, In Home
Respite Care, Out of Home
Supportive Employment
TBI Structured Day Program
Training and Support Services
Transitional Services/Housing Access Coordination
Transportation

Services where Goodhue County has *decreased or eliminated* the service

None

Part 2: Home and Community Based Long Term Care Services: Overall Service Capacity

Services that are *not available*

None

Services that are *limited* (Populations affected are reported in parentheses)

Adult Day Care/Adult Day Care Bath (All Populations)
Behavioral Programming (Age 65 and older)
Caregiver/Family Support and Training (Age 65 and older, Age 22 - 64 on a waiver)
Guardianship/Conservatorship (All Populations)
Insurance Counseling/ Forms Assistance (All Populations)
Long Term Care Consultation/Community Assessment (All Populations)
Non-County Information/Referral and Assistance (Age 65 and older, Under age 65)
Transitional Work Opportunities at School (Under age 65)

Services that *exceed demand*

None

What issues/barriers are currently most critical to overcome in Goodhue County to ensure that persons of all ages and disabilities have home and community-based support options?

Goodhue County has put considerable time and money into building the County Based Purchasing entity known as South Country Health Alliance. This collaborative effort and the willingness of the Countys to take on "risk" and manage the MA health care dollars for the low income, ma eligible, multi disabled clients has positioned us so well to deal with and face the new demands placed upon the Countys for serving these populations. Savings that the Alliance has had have been poured back into further development of the service delivery system and have not gone into the pockets of the private managed care companies who invest in sports teams and pay exhorbitant salaries to their staff and ceo's. By managing the health care efficiently and effectively we have returned cost savings back into the programs of care for these needy clients. The CBP projects remain under constant attack yet from leadership at the governors level, leadership at the Health plans level, leadership from the Department o

Highest Priority for HCBS Development:

For Goodhue County the highest priority for HCSD is not so much a specific "service" as it is the development of the service delivery model , itself. Seeking to develope single "services" independent of a sound service delivery model is an activity that will result in in efficiency and in-effectiveness. In these next 2 years we will further expand our strength as a member of the SCHA. We will be the most fiscally effective and efficient managed care entity in the state as it regards service delivery to MA eligible low income elderly and disabled. This will come from an integrated Health, Welfare, Social Service and Mental Health service delivery model which will in turn result in improved care coordination to our consumers which will in turn result in stabilized and/or improved health outcomes which will in turn result in savings in the MA capitated rate which will in turn result in the ability for us to return a higher amount of \$moeny back into the development of HCSD services than

Part 3: Housing Options

Has there been any new development of Housing and/or Housing/Service Arrangements for persons of all ages and disabilities in the past two years?

Yes

of New Buildings: unknown

of New Units: unknown

Resources for Accessible Housing

Resources for Accessible Housing that are *not available*

None

Resources for Accessible Housing that are *limited*

None

Resources for Accessible Housing that *exceed demand*

None

Housing Options

Housing Options that are *not available*

Market rate adult family foster care

Market rate corporate adult foster care

Housing Options that are *limited*

Other subsidized housing options (e.g. Board & Lodging, Board & Care, Residential Care)
Other market rate housing options (e.g. Board & Lodging, Board & Care, Residential Care)

Housing Options that *exceed demand*

None

What issues/barriers are currently most critical to overcome in order to ensure an appropriate supply of housing options for older persons and persons with disabilities in Goodhue County?

The issue of affordability is the key to having well rounded long term care housing options. Many factors impede this development including financing options, the work force shortage in the care industry, low and complicated reimbursement rates, regulations or lack thereof, and in rural area a lack of providers willing to take on the business risk.

Highest Priority for Housing Development

Many of our communities responded to the housing gap needs in these past 6 years by developing assisted living units near to their skilled nursing care facilities as well as single level senior housing complexes/condos/townhouses with services ala carte. We have also done a better job of delivering Home and Community Based services to elderly that permit them to live in their own home longer. But, we think we also need to look at a few more Board and Lodging type neighborhood homes, where services are provided as well as more Adult Foster care homes for both Public and private pay. Goodhue County has 28% of their 65+ population living alone.

Part 4: Long-Term Care Specialty Beds/services- Nursing Homes

Long Term Care Specialty Beds/Services that are *not available*

None

Long Term Care Specialty Beds/Services that are *limited*

None

Long Term Care Specialty Beds/Services that *exceed demand*

None

Issues/barriers most critical to overcome in order to ensure an appropriate supply of Nursing Home Specialty Beds/Services

Goodhue County currently has about 645 nursing home beds, down from 696 in CY 2001. Goodhue County has about 95 nursing home beds available for every 1000 persons who are 65+. That's quite a bit above the statewide average where the ratio is 60 beds/1000 persons 65+. So we are "well bedded" in that regard. We also have 548 nursing home beds per every 1000 persons who are 85+. That's a bed ratio well above the statewide average of 379/1000 at 85+. So, in that regard we are also "well bedded." We also have 27 4 bedroom Supervised Living Settings (SLS) homes throughout our County for DD persons which is one of the largest bed ratios in the state. Once again we are "well bedded" in that regard. We also have the largest TBI program in the State loca

Top two barriers in Goodhue County to relocating persons from nursing homes into the community

(1) an adequate employee/labor pool of trained skilled nursing and caretaker staff is always a huge challenge. (2) lack of provider interest in recruiting, training, retaining and developing a pay and benefit package to caregivers to provide this challenging service, is a barrier. The employer/labor pool incentives just aren't there. To discharge a nursing home consumer into a community based care program that is under funded and under staffed creates more risk to health and safety for the person than leaving the person in the more restrictive care environment where their care needs are addressed more effectively and efficiently .