Polk County:

County Administration:

<table>
<thead>
<tr>
<th>Human Services</th>
<th>Public Health</th>
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<tbody>
<tr>
<td><strong>Agency name:</strong></td>
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<tr>
<td>Polk County Social Services</td>
<td>Polk County Public Health</td>
</tr>
<tr>
<td><strong>Director's Name:</strong></td>
<td><strong>Director's Name:</strong></td>
</tr>
<tr>
<td>Kent Johnson</td>
<td>Sarah Reese</td>
</tr>
<tr>
<td><strong>Address:</strong></td>
<td><strong>Address:</strong></td>
</tr>
<tr>
<td>612 N. Broadway, Suite 110</td>
<td>721 S. Minnesota, Suite 1</td>
</tr>
<tr>
<td>Crookston, MN 56716</td>
<td>Crookston, MN 56716</td>
</tr>
<tr>
<td><strong>Telephone:</strong></td>
<td><strong>Telephone:</strong></td>
</tr>
<tr>
<td>(218) 470-8405</td>
<td>(218) 281-3385</td>
</tr>
<tr>
<td><strong>FAX:</strong></td>
<td><strong>FAX:</strong></td>
</tr>
<tr>
<td>(218) 281-3926</td>
<td>(218) 281-7376</td>
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County Agency Contacts:

<table>
<thead>
<tr>
<th>Area of Responsibility</th>
<th>Name</th>
<th>Title</th>
<th>Phone #</th>
</tr>
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<tbody>
<tr>
<td>Social Services</td>
<td>Jim Arneson</td>
<td>Social Services Supervisor</td>
<td>(218) 281-0618</td>
</tr>
<tr>
<td></td>
<td>Karen Warmack</td>
<td>Social Services Supervisor</td>
<td>(218) 399-8522</td>
</tr>
<tr>
<td></td>
<td>Molly Paulsrud</td>
<td>Social Services Supervisor</td>
<td>(218) 470-8417</td>
</tr>
<tr>
<td>Public Health</td>
<td>Sarah Reese</td>
<td>Public Health Director</td>
<td>(218) 281-3385</td>
</tr>
<tr>
<td></td>
<td>Doreen Narlock</td>
<td>Lead Coordinator</td>
<td>(218) 773-4990</td>
</tr>
<tr>
<td>Mental Health</td>
<td>Karen Warmack</td>
<td>Social Service Supervisor (Children’s Mental Health)</td>
<td>(218) 399-8522</td>
</tr>
<tr>
<td></td>
<td>Molly Paulsrud</td>
<td>Social Services Supervisor (Adult Mental Health)</td>
<td>(218) 470-8417</td>
</tr>
<tr>
<td>Chemical Dependency</td>
<td>Molly Paulsrud</td>
<td>Social Services Supervisor</td>
<td>(218) 470-8417</td>
</tr>
<tr>
<td>Transportation</td>
<td>LeAnn Holte</td>
<td>Financial Assistance Supervisor II</td>
<td>(218) 470-8459</td>
</tr>
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</table>

County Demographics:

Polk County is a large (1,971 square miles), rural county located in northwestern Minnesota with a population of 31,600. Polk County consists of 58 townships and 15 towns/cities. The three largest cities are East Grand Forks (population of 7,501), Crookston (population of 8,192) and Fosston with a population of 1,575.
2010 Census Data for Polk County Minnesota:

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<thead>
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<th>AGE</th>
<th>Number</th>
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<td>5 to 9 years</td>
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General County Service and Delivery Issues:

Acute care and related health care services for Polk County revolves around 3 areas of provider concentration serving the east, central and western parts of the county.

The eastern portion of the county is served by Essentia Health of Fosston, an acute care hospital, nursing home, assisted living, and home care programs with an associated medical clinic at Fosston and one at Oklee. Referrals from the Fosston area are primarily to the Altru Health System in Grand Forks, ND, 80 miles to the northwest and the Sanford Hospital in Bemidji, 35 miles to the southeast. Some patients directly seek primary care in Bemidji. One physician group in Fosston is an affiliate of the Essentia Clinic of Fargo, ND; some specialty care referrals access the clinic in Fargo. Primary care physicians staff the Essentia Clinic, in Fosston.

Central Polk County is served through the Riverview Healthcare Association in Crookston, the county seat. Riverview Healthcare Association includes a hospital, inpatient CD unit, detoxification unit, nursing home, clinic, assisted living, home care program, and associated medical clinic. The central Polk area is also served by Altru-Crookston Clinic with primary care physicians, MD specialists, podiatrists and mid-level practitioners. In addition to the clinic in Crookston, these physicians and practitioners also maintain clinics at Fertile, Red Lake Falls East Grand Forks, and Erskine to serve those communities.

With the Altru-Crookston Clinic being a satellite of the Altru Health System in Grand Forks, most referrals are to the Altru Hospital.

East Grand Forks and the western portion of the county receives both primary and specialized care services from the major health care provider in the region, the Altru Hospital/Clinic across the river in Grand Forks, ND. In addition, Sanford operates a clinic in the East Grand Forks community. This clinic has primary care physicians, specialists and mid-level practitioners. As a result, some specialty care referrals may go to Fargo. Additionally, Riverview has an orthopedic clinic in East Grand Forks.

Fertile, in south central Polk County, has a nursing home, and an Altru-Crookston satellite clinic and a Riverview satellite clinic. Erskine, located in the lakes’ area of central Polk County also, has an Altru satellite clinic and a Essentia satellite clinic. In addition to these service locations, some Polk residents seek primary care services in Warren, Thief River Falls, Red Lake Falls and Ada, and nearby cities with trade areas including parts of Polk County.

Other health care providers such as dentists, chiropractors, optometrists and pharmacists, generally, practice alone or in small group practices throughout the county. Major concentrations of these professionals, however, are in Fosston, Crookston, East Grand Forks, and Grand Forks. Six ambulance services are licensed to serve residents, and three are located within county borders.
The major provider of outpatient mental health services in the region is Northwestern Mental Health Center located in Crookston, with satellite clinics and services throughout northwestern Minnesota. Altru in Grand Forks provides inpatient treatment. Sanford - Thief River Falls provides inpatient treatment and a full range of mental health services.

Polk County enjoys good working relationships with the various health and human service providers. Examples of strong partnerships include: Polk County Social Services and Polk County Public Health team approach to Long-Term Care Consultation (LTCC) and case management services, the Polk County Family Services Collaborative, the Polk County Immunization Registry through Communities Caring for Children, the Crookston Wellness Coalition, and the Polk County Chemical Health Initiative.

County Expectations:
Polk County is committed to ensuring their residents have effective preventative care and appropriate medical and supportive services so they can achieve greater outcomes of maximum self-sufficiency and satisfying lives. The county looks forward to a close working relationship with the MCO(s) to progress towards improved client outcomes. Changing approaches to serving populations with specific challenges (mental health, chemical dependency, long term care, out of home placement, etc.) will require a willingness to adapt and coordinate care with a special emphasis in prevention.

The county believes services must adapt to meet the needs of the individual client. We believe this can best be accomplished by increased joint planning, data sharing, and engaging in ongoing communication.

Polk County anticipates the MCO(s) meet on a regular basis with county staff to identify and address system issues in a manner that is outcome focused and reflects a strong sense of partnership.

Barriers to Health Care Services:
Transportation is an immense issue for obtaining services for our Polk County residents. Many elders and families with low incomes either do not own a car or have a vehicle that is not dependable. In addition, a number of families are without a phone.

The growing elder population and people living in poverty increase the demand for services. Increasing minority populations will not easily find a provider of similar background in the health or human service provider system. Cultural and diversity issues are present in our communities. Cultural competency and language barriers create a number of challenges to effectively address medical needs.

The MCO(s) is asked to describe how they will identify new enrollees with language needs, provide translated or interpret member materials to all enrollees not proficient
in English, and provide timely access to language interpretation services.

**Limited or Unavailable Health Care Services:**
Polk County also lacks adequate dental services, adequate numbers of personal care attendants, home health aides, nursing assistants, registered nurses and other professionals in the “helping” professions.

Access to dental care is a high priority unmet need, identified by persons on public assistance and those without access to medical care. No viable, local options exist for clients with dental treatment needs. In order to get care, some families are required to travel 70 miles or more. Many recipients just go without care. Multiple factors contribute to this problem: provider standards, patient compliance, cultural expectations, MA regulations and a limited provider base.

The MCO(s) is asked to describe how they will help increase provider participation, provide access to dental specialty care, assist enrollees in locating a dentist for services, and provide a strategy to decrease the “no show” problem.

**Disparities in Health Status:**
It is estimated that over 15% of the children in Polk County live in poverty. Over five percent of Polk County’s population is Hispanic/Latino.

It is well documented that populations of color, children with special health needs and foreign-born populations, do not have the same level of health as other Minnesotans. Children living in poverty are at high-risk of malnutrition, hunger, and inadequate housing and high levels of personal and family stress.

**Mental Health Services**

The MCO(s) is asked to consider continuity of care for individuals receiving care in the county, and are asked to offer the opportunity for all health care providers in the county to be included in the managed care organization’s provider network including those presently contracting with public health and human service agencies.

1. **Children’s Mental Health**
Polk County Social Services is committed to preserve and strengthen children and their families in which there is a mental health concern. This commitment is reflected by community services for the individual and their family through Polk County Social Services, Family Preservation Division, and private agencies and in all collaborative and partnering relationships established in the county. Our goal is to protect children while providing appropriate services that will empower families and children in facing the challenge of mental illness. The responder to the RFP is asked to describe how they will work with county and/or regional mental health collaboratives to improve service access and delivery. The following are a listing of community and county collaborative services.
Children’ Mental Health Case Management are activities that are coordinated with family community support services and are designed to help children with severe emotional disturbance and their families obtain needed mental health services, social services, educational services, health services, recreational services and related services in the area of advocacy, transportation and legal services. Polk County Social Services partners with Northwestern Mental Health Center to serve severely emotionally disturbed (SED) children and their families.

The Children’s Mental Health Collaborative was established to assist agencies to better meet the needs of mentally ill children and their families through coordination and collaboration. The Children’s Mental Health Collaborative has a broad range of the following services:

**Family Community Support Services** are designed to serve children and families, in which a child is diagnosed with a severe emotional disturbance. The emphasis is to aid the child’s success in their current environment utilizing in-home family based service model.

**Respite Services** are a network of licensed foster care providers who provide special training to care for children with emotional/behavioral difficulties. Children may access respite care on a scheduled or on a crisis basis.

**School Programming** is school-based services ranging from after-school structured therapy groups to study hall groups, which meet during the school day. Summer programming is also offered with a wide range of recreational and therapeutic activities.

**Wraparound Services** are a family driven process that engages both the formal service provider network and the informal community supports to empower families and assist in keeping them intact.

**Early Intervention Services** provides intervention and treatment to emotionally disturbed children and their families in their home or school environment.

**Intensive In-Home Therapy Services** are professional home-based family treatment services designed to meet the needs of the child and family through a treatment plan. A team involving the family, Polk County Social Services, community agencies and either Northwestern Mental Health Center or Village Family Service Center provides services. Other community services provide therapeutic assistance to children and families:
Family Preservation Unit provides assessment and case management services to children ages 10-17. These youth often have a connection to the court system and are exhibiting negative behavior in their home, school or community.

Family-based Life Management Skills are in-home services provided to a family teaching parenting skills, budgeting, communication, and home management skills.

Red River Valley Juvenile Center provides assessment and programming in a correctional setting for juveniles who are unsuccessful in their homes or community. Programming focuses on improving an individual’s behavior and/or mental health issues. Emphasis is on integrating the youth back into their home or community.

The Polk County Children’s Mental Health Local Advisory Council (LAC) was formed to help the county board make sound decisions about children’s mental health services.

2. Adult Mental Health Provider Network
The MCO(s) is asked to offer contracts to all community and county contracted provider network if credentialing and plan participation requirements are met. A brief description of our mental health provider system is as follows:

Individuals receive mental health services through Polk County Social Services of those including general case management and Rule 79 case management services.

Northwestern Mental Health Center is a Rule 29 provider offering the following services including, outpatient mental health counseling, psychiatric services, CSP services, Path Homeless Services, 24-hour crisis line, medication monitoring, day treatment, Rule 79 case management, crisis, and AHRMS services.

Northwestern Apartments (affiliated with Northwestern Mental Health Center) The facility provides 24 hour residential services to mentally ill clients; it is funded through a per diem and HUD section 8 housing. Four adult foster care beds have been established to serve higher need clients.

Occupational Development Center is a sheltered workshop facility that provides vocational assessments and work experiences for individuals with mental illness.

Sanford -Thief River Falls, MN provides 72-hour holds and occasionally short-term inpatient hospitalization. Additional services provided are AHRMS, IRTS, board and lodging at the Northern Lights facility.
CBHH provides long term care residential services for mentally ill clients who have a chronic condition.

Northwest 8 Mental Health Initiative involves 8 counties in Northwest Minnesota and is engaged in employability, consumer education, prevention of hospitalization, flex funding, and successful community re-entry.

Job Shop is a collaborative between the Occupational Development Center, Northwestern Mental Health Center and Polk County Social Services, which assists mentally ill individuals to obtain employment.

Altru Hospital provides outpatient and inpatient psychological and psychiatric services.

Stadter Center provides outpatient and inpatient psychological and psychiatric services.

Prairie St. Johns provides 72-hour holds and occasionally short-term inpatient hospitalization.

Polk County will also access other service, employment and vocational service providers around the state, which offer specialized services for mentally ill clients when the need arises.

Adult Mental Health Advisory Council (Adult LAC) works to help county boards make sound decisions about adult mental health services. Polk, Norman, Mahnomen and Red Lake counties have come together to form one council.

3. Chemical Health Provider Network
The MCO(s) is asked to offer contracts to the existing community and county contracted provider network if credentialing and plan participation requirements are met. A brief description of our chemical health provider network is as follows:

All of the chemical health services at this time are funded through the Minnesota Consolidated Chemical Dependency Treatment Fund and local funding. The Consolidated Chemical Dependency Treatment Fund funds chemical health treatment services to county residents. Detoxification services are primarily a county service. Managed care organizations are asked to describe how they would work with Polk County providers to address chemical use issues, including those cases involving mental health issues.

Glenmore CD Treatment Facility Crookston, MN provides primary inpatient, outpatient, day treatment, family therapy, detox, and drug testing for chemical dependency services to Polk County residents who have been assessed and are determined to be eligible for the Consolidated Chemical
Dependency Treatment.

**Douglas Place Halfway House Facility** East Grand Forks, MN provides halfway house treatment for those Polk County individuals who have completed primary inpatient and/or outpatient services and are transitioning back to their homes.

**Tri-County Community Corrections Chemical Dependency Treatment Program** Crookston, MN provides outpatient treatment program for adolescents.

**The Minnesota Consolidated Chemical Dependency Treatment Fund** allows Polk County Social Services to utilize other chemical dependency treatment programs throughout the state, many of which specialize in treating certain populations.

Polk County will also access various psychological and psychiatric services that are available throughout the region and state when the need arises.

4. Crisis and Emergency Services

**Child Protection Services**- Polk County Social Services provides both a traditional investigation and alternative response for children reported to be abusing and/or neglected. The safety of children is its primary focus. Services are child and family centered and may be voluntary or court-ordered. All reasonable efforts are made to maintain the child in the family home. If placement outside the home becomes necessary, placement is made at the least restrictive level. Child protection services often links the family with resources including health care, behavioral health care and other services designed to resolve family issues.

**Adult Protection Provider Network**

Minnesota Statue 626.557 reporting of Maltreatment of Vulnerable Adults requires counties to protect adults who, because of physical or mental disability or dependency on institutional services, are particularly vulnerable to abuse or neglect, to provide vulnerable adults who have been abused and neglected with safe living environments and to assist persons charged with caring for vulnerable adults in providing safe living environments. Polk County Social Services and Polk County Law Enforcement Common Entry Points receive approximately 85 vulnerable adult reports per year.

**Some of the primary service providers are:**

**Polk County Social Services Adult Protection Team** which includes: Polk County Social Services, Polk County Public Health, Polk County Law Enforcement, Polk County Social Service Fraud Investigator.
**Polk County Long Term Care Unit** – primarily investigates instances of “self neglect” vulnerable adult complaints.

**Minnesota Department of Human Services Licensing Division** – primarily investigates vulnerable adult complaints from corporate foster homes, ICF/MR, DAC’s or similar facilities.

**Minnesota Department of Public Health Office of Health Facility Complaints** primarily investigates vulnerable adult complaints from nursing homes and similar facilities.

**Polk County Social Services/Polk County Law Enforcement** – primarily investigates “community vulnerable adult complaints” for individuals not residing in or receiving services from a licensed entity.

**Transportation:**

A listing of public transportation resources in East Polk County consists of non-emergency medical transportation services through, R & L service, MTL Transportation of Lengby, and Handi Van of Fertile. Fosston has the Fosston Community Transit System, which is a dial a ride, door-to-door service within city limits. The Essentia Clinic provides rides free to patients referred to specialists in Fargo. The van runs from Fosston to Fargo on appointment basis.

The City of Crookston has the Tri-Valley Heartland Express. They operate buses within Crookston and surrounding trade area. They also coordinate volunteer provided transportation services for all of Polk County.

East Grand Forks/Grand Forks area has two cab services; the Grand Forks Taxi Service and Nodak Cab. There is also in-town scheduled bus service for the Greater Grand Forks Area.

**Public Health Services:**

The mission of Polk County Public Health Services is to promote optimal health and wellness for all people of Polk County through prevention, education, intervention, advocacy and collaboration. The Agency motto, “We put healthy ideas to work” speaks to public health activities in promoting health with individuals, families and the community – at large.

Two out of every three Minnesotans are overweight or obese—caused by insufficient physical activity and unhealthy eating—increasing risk for heart disease and diabetes, among other chronic illnesses. Meanwhile, over one in six Minnesotans still smoke, leading to cancer, heart disease and more. Obesity and tobacco use and exposure are
the two leading causes of death. Tobacco use and obesity increase health care costs because they are risk factors for many chronic diseases. Treatment for chronic diseases—such as heart disease, diabetes and cancer—account for an estimated 75% of the $2.6 trillion spent on health care in the U.S. and an estimated $5 billion annually in Minnesota. To really make a dent in health care costs, we must think in terms of preventing illness, not just treating it. In Minnesota, adult obesity-attributable medical expenses are approximately $1.3 billion (2003) and direct medical costs due to tobacco use are almost $2.9 billion (2007). There are compelling economic reasons to do more to promote the health of the public. Public health investments yield great dividends in overall improved health of individuals and communities, and in cost savings to government, business and communities.

Promoting, preventing and protecting the health of the public are fundamental responsibilities of government. State and local governmental public health departments are assigned specific duties and authorities to fulfill governmental responsibilities for public health. Minnesota carries out this responsibility through a unique partnership between state and local government. Government is responsible for the 10 essential Public Health services which are the core functions.

Essential Public Health services include:
1. Monitor health status to identify community health problems.
2. Diagnose and investigate health problems and health hazards in the community.
3. Inform, educate, and empower people about health issues.
4. Mobilize community partnerships to identify and solve health problems.
5. Develop policies and plans that support individual and community health efforts.
6. Enforce laws and regulations that protect health and ensure safety.
7. Link people to needed personal health services and assure the provision of health care when otherwise unavailable.
8. Assure a competent public health and personal healthcare workforce.
9. Evaluate effectiveness, accessibility, and quality of personal and population-based health services.
10. Research for new insights and innovative solutions to health problems.

Polk County Public Health (PCPH) is located at 721 S. Minnesota, Suite 1, Crookston. Two branch offices are located in East Grand Forks and McIntosh. Normal office hours in Crookston are Monday through Friday from 8 a.m. to 4:30 p.m. with extended hours available for WIC, Immunization and Family Planning services. All residents of Polk County are eligible to receive services although some programs have eligibility requirements.

The following services and programs are provided by Polk County Public Health. Those identified with an (*) are MA reimbursable services.

a. **Family Health**
- **Family Home Visiting program**: This combines several of our home visitation programs designed to support children and parents under one name.
  - **Universal Postpartum & Newborn visits (*)**: All new parents are offered a home visit to provide information and support on caring for an infant.
  - **Improved Pregnancy Outcome (*)** is a prenatal education program designed to promote optimal birth outcomes for all infants born to adolescents and other women identified as high risk for a problem pregnancy.
  - **Intensive Home Visiting (*)** is an early intervention program designed for parents with identified risk factors to assist them in their efforts to rear their children in a safe and nurturing environment.
  - **Special Needs Home Visiting (*)**

- **Family Planning Services (*)** include annual gynecological exams, contraceptives, pap tests, breast exams, diagnosis and treatment of sexually transmitted diseases, counseling and education, community education and pregnancy tests.

- **Infant Follow Along Program** is a program that offers parents a periodic assessment of their child’s development and ideas for encouraging their development through a computer assisted tracking program.

- **Child & Teen Checkups Outreach** is a program designed to inform families on MA or MN Care about the importance of well child exams and assist them in making appointments.

- **Child and Teen Checkups (*)** are available to children and teens ages two months through twenty years and includes a physical exam and developmental assessment by a nurse. Education and referral are key components of the service.

- **Women, Infants and Children (WIC) Nutrition Program** is a federally funded program targeted to low income pregnant women, mothers who are breastfeeding and postpartum, infants and children up to five years of age. WIC provides professional nutrition counseling, vouchers for nutritious free foods and referrals to health and social services when indicated.

- **Breast Feeding Support Group** is held monthly in Crookston and East Grand Forks to promote breast feeding and support to mothers, infants and children.
Communities Caring for Children is a twelve-county regional program designed to promote early prenatal care, well-child exams and immunizations. Enrolled families are sent trimester newsletters on prenatal health issues and child growth and development letters once the baby is born.

Sexuality Education is provided to schools using the “Safer Choices” curriculum and community groups upon request.

School-Based Public Health Nursing Services are provided through a contract for services to the Fisher, Climax and Win-E-Mac school districts.

b. Health Promotion

Polk County Wellness Coalition is a coalition of community partners in Polk County promoting healthy lifestyles. The mission of the coalition is to prevent chronic diseases such as heart disease, cancer, and stroke through sponsoring a variety of wellness activities and programs.

Fitness Fever: an annual family fitness event held on the weekends in February to encourage outdoor activities for families.

Walk Polk County: an annual event to promote outdoor physical activity every summer.

The Polk County Chemical Health Initiative and Strategic Prevention Framework promotes healthy decision-making among the youth of Polk County through:

- implementation of science-based “best practice” prevention curricula in the schools,
- upgrading and updating of prevention reference and teaching materials in the schools,
- CHAMPS is a youth led, adult-guided prevention movement to promote healthy decision making by youth in order to reduce youth use of alcohol, tobacco, and other drugs and other related youth risk behaviors.
- community education, and
- organization and mobilization of communities to adopt healthier norms.

Community presentations by request.

“Nurses’ Notes” is a weekly radio program highlighting health topics.

Regional Prevention Resource Center Coordinator: is housed in Crookston and coordinates ATOD prevention activities in 13 Counties and 3 tribes.
- **Car Seat Program:** PCPH has a trained car seat technician who assists the health plans in delivering car seats to eligible members. Car seat training is provided to child care providers and foster care providers.

c. **Disease Prevention and Control:**

- Polk County participates in the 12-county **Communities Caring for Children Immunization Registry.**

- **STD/HIV Services**: Screening, counseling, referral services, and treatment of most STDs through our Family Planning clinic.

- **Public Health Nursing Service/Clinics (*)** for underserved adults targets a population having difficulties accessing the health care system or following recommended disease management regimens, or who exhibit high risk health behaviors. Immunization Clinics, dental fluoride and lead testing are available regularly in East Grand Forks, McIntosh and Crookston. School clinics are also sponsored by request.

- **Correctional Health Services** are provided under contract to Tri-County Community Corrections five days per week. A Public Health Nurse provides C&TC and health education at the Juvenile Center.

- **Tuberculosis Control activities (*)** include Mantoux testing, case investigation, directly observed therapy, and contact investigation.

- **Immunization review:** offered by a PHN through Communities Caring for Children

- **Foot Care Clinics** are held throughout the county on a monthly basis.

- **Long-Term Care Consultation** by a public health nurse and social worker team determines the appropriateness of home care alternatives to nursing home placement as well as the level of care required.

- **Case Management of Alternative Care/Elderly Waivered/MA, MSHO Waivered Services** are visits and follow-up by a public health nurse and/or social worker to assess home care and related service needs and to monitor the quality of care provided to clients receiving these services. Waivered services are services (nursing visits, aide visits, homemaking services and respite care) designed to assist people with chronic health conditions to live independently in the community.

- **Personal Care Attendant (PCA)** assessment and eligibility determination are conducted by Polk County Public Health nurses.
- **Care Coordination** for adult Polk County residents.

In accordance with Minnesota Statutes, 265B.032, subdivision 10(b), each MCO is required to develop a contractual relationship with the local public health agencies, and the MCO is asked to clearly outline criteria for referral to public health and the specific services that public health will provide to the PMAP population.

d. **Linkages with other health and human service providers:**

Polk County Public Health enjoys a good working relationship with many public and private health, human service, education and business partners to address local health and social needs. These include:

- Alternative Learning Center (ALC) Advisory Committee (monthly)
- Altru Diabetes Advisory Council
- American Cancer Society
- Care and Share Homeless Shelter
- Child Abuse Prevention Coalition (3/year)
- Crookston Community Education Committee
- Crookston Early Childhood Family Education (CFE)
- Crookston Teen Pregnancy and Prevention Action Team (TPPAT)
- East Grand Forks Teen Pregnancy & Prevention Action Team (TPPAT)
- Grand Forks Immunization Coalition
- InterCounty Community Council
- Oklee Headstart Advisory Committee
- Local Advisory Council for Children’s Mental Health
- Parents Helping Parents Advisory Committee
- Polk County Child Protection Team Meetings
- Polk County Emergency Planning Committee
- Polk County Family Services Collaborative
- Polk County Early Childhood Interagency Committee
- Polk County Interagency Coordination Committee
- Relay for Life Committee
- Senior Coordinating Committee
- Tri-County Community Corrections Advisory Committee
- Tri-County Community Corrections Juvenile Center Task Force
- Tri-Valley Head Start Advisory Council – Crookston
- Tri-Valley Health Advisory Committee
- Statewide Health Improvement Program Community Leadership Team
- Polk County Collaborative

The MCO(s) is asked to describe how it will collaborate with community-based initiatives to strengthen efforts in areas of prevention and community-based care.

**Local Public Health Goals.** Polk County proposes that coordination and implementation of mutually agreeable public health goals be carried out collaboratively
by Polk County Public Health, our community partners and health plans. The county will value proposals that use local resources and personnel for such coordination and implementation.

The Public Health Goals for Polk County, as identified in the Community Health Services Plan. The assessment of the health of Polk County residents was accomplished by gathering and reviewing: demographic data, local and state health status data, Minnesota Student Survey data and qualitative data from staff and community partners. A county-wide survey of community health needs was also conducted. Staff and community partners assisted in the prioritization of needs and opportunities based on the size of the problem, the number of people at risk, the economic impact of the problem and the level of public concern. Public health’s ability to address the problem, including whether resources already exist within the agency or the community or could be obtained to address the issue, was also considered in determining priorities.

**List of Local Public Health Goals:**

**Infectious Disease**
- Reduce the incidence of vaccine preventable disease.
- Reduce the incidence of sexually transmitted disease.
- Improve our local capacity to address communicable disease problem.
- Improve Agency capacity to address disasters (whether natural or man-made).

**Chronic Noninfectious Disease**
- Reduce the behavioral risks that are primary contributors to morbidity and mortality.
- Reduce the most severe complication of diabetes.

**Environmental Conditions**
- Reduce exposure to environmental tobacco smoke in worksites and public buildings.
- Reduce occupational diseases related to farming.

**Alcohol, Tobacco, and Drugs**
- Reduce usage of alcohol and tobacco by youth and young adults.

**Unintended Injuries**
- Reduce the incidence of death and disability due to unintended injuries.

**Violence**
- Strengthen and support public health activities that move toward a “zero tolerance” of violence; reduce family violence, youth violence, child maltreatment, and abuse of the elderly and those with disabilities.
Unintended Pregnancy
✓ Decrease the rate of unintended pregnancy in adolescents and other women at high risk of unintended pregnancy.

Pregnancy & Birth
✓ Promote optimal birth outcomes for all infants born to adolescents and other women identified as high risk for a problem pregnancy outcome.

Child & Adolescent Growth & Development
✓ Create a healthy supportive community for families by the promotion and provision of prevention programs by focusing on: chronic disease prevention (nutrition and physical activity) and pregnancy, parenting, early childhood and alcohol, tobacco and other drug use among youth.

Disability & Decreased Independence
✓ Assist the ill, the elderly, and those with disabilities in promoting their well-being and maintaining the greatest possible independence in a setting of their own choice.

Service Delivery Systems
✓ Assure access to and improve the quality of health services.
✓ Ensure an effective state and local government public health system.