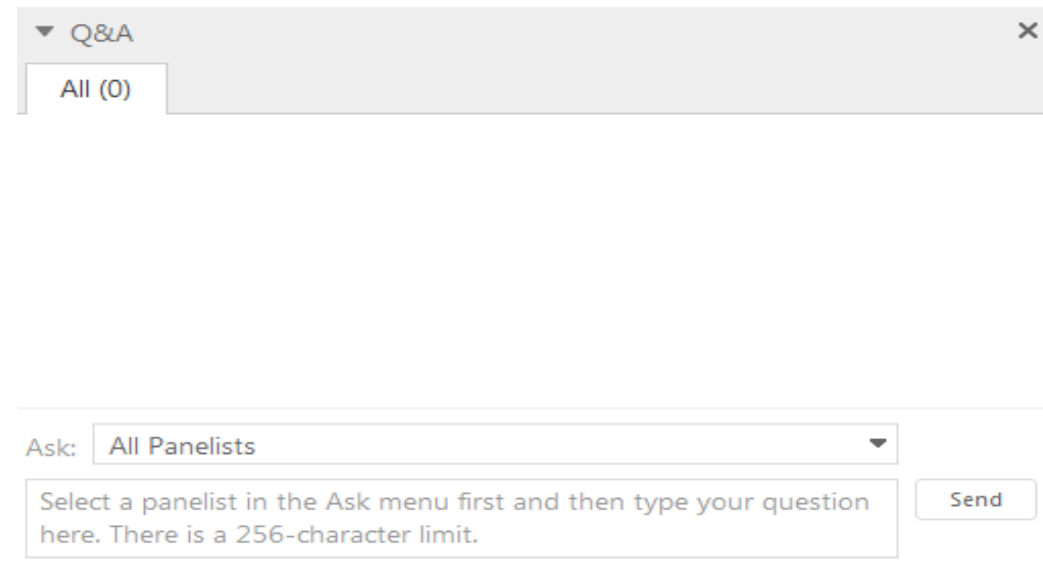




Support Planning Professional Learning Community (SPP LC)

July 26, 2017

To ask a question during the presentation use the Q&A Panel in WebEx



The screenshot shows a window titled "Q&A" with a close button (X) in the top right corner. Below the title bar, there is a tab labeled "All (0)". The main area of the window is empty. At the bottom, there is a section labeled "Ask:" with a dropdown menu currently set to "All Panelists". Below the dropdown is a text input field with the placeholder text "Select a panelist in the Ask menu first and then type your question here. There is a 256-character limit." To the right of the text input field is a "Send" button.

Select “All Panelists”, type your question, and click Send.

Informed Choice and Risk

Factors Affecting Choice



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Guide to encouraging informed choice and discussing risk

Raukiya Smith-Binns | MnCHOICES Assessment and Support Planning

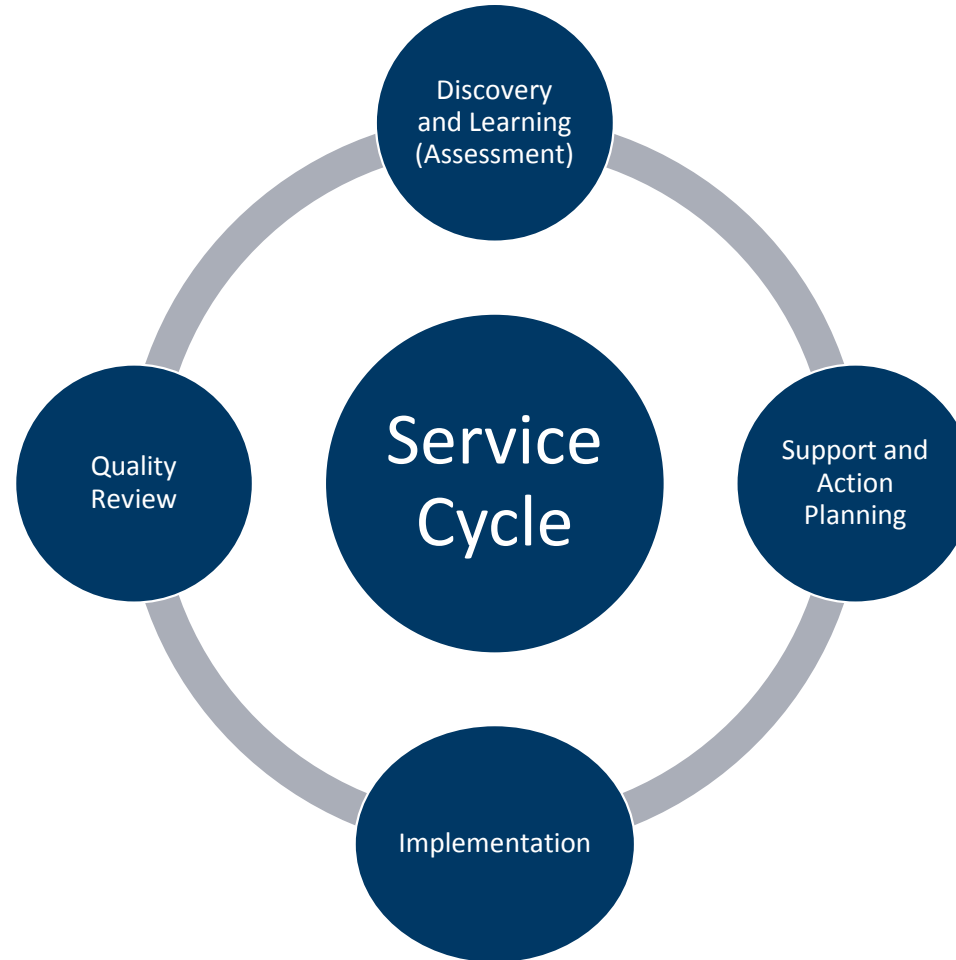
Jill Tilbury | Public Guardianship Administrator

July 2017

- What contributes to quality of life is different for each person.
- Person-centered practices help a person live a quality of life by:
 - Promoting independence
 - Encouraging informed choice
 - Recognizing their right to take risks.



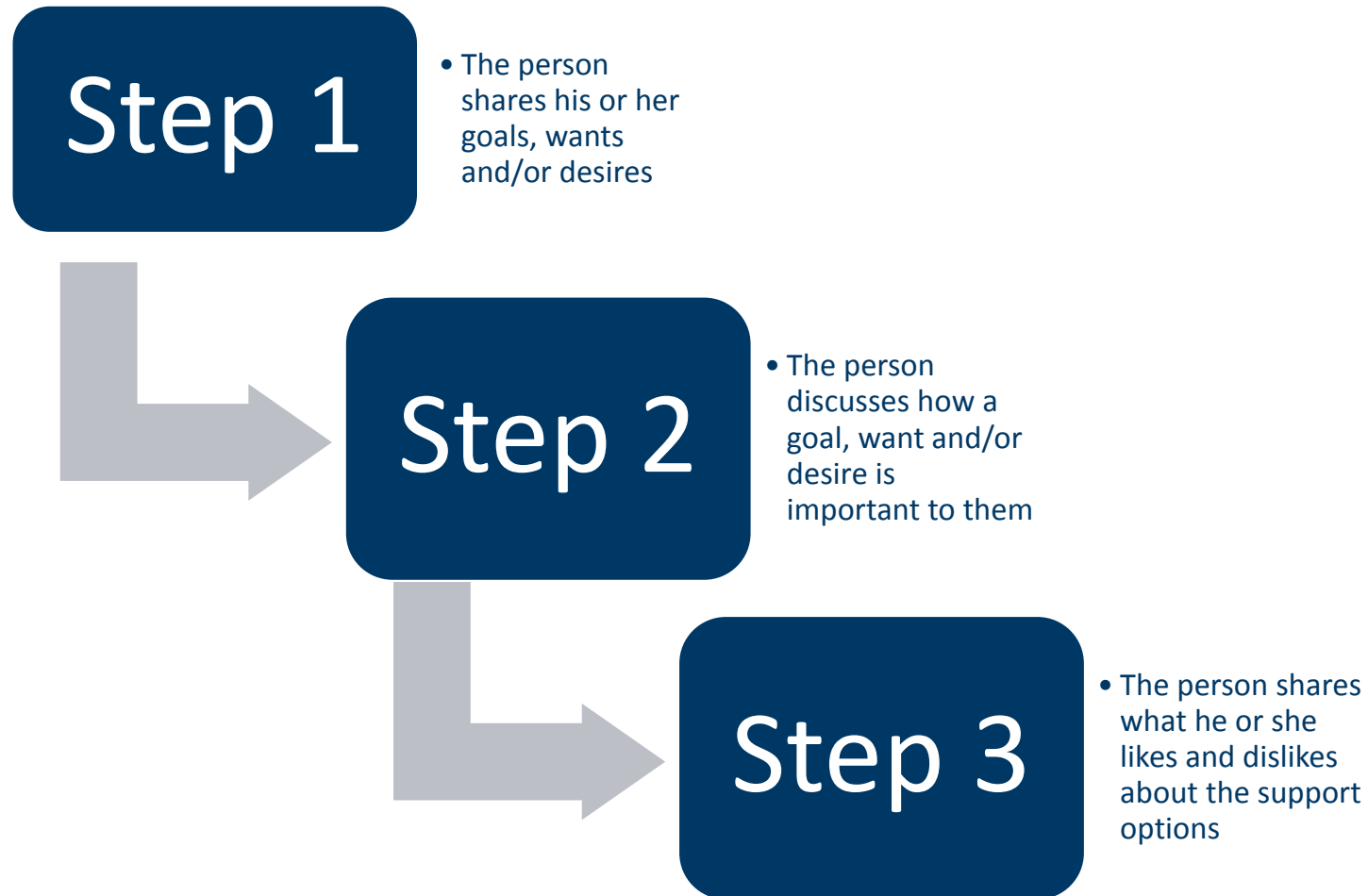
Purpose of this guide



Support planner responsibilities

- The support planner must
 - Support and encourage the person to make informed choices, and respect his or her right to take risks.
 - Continue to work assertively with a person who refuses necessary services
 - Understand his or her reporting duties under the maltreatment of Children and Vulnerable Adults Act
 - Understand person-centered planning
 - Work with the person to develop a plan that meets his or her needs, wants and addresses any identified risk.

Conversation guide



Step 4

When the person shares his or her successes and challenges with the support plan, the support planner will

Identify any additional successes and challenges not listed in the support plan that occurred during the process of implementing his or her goals, wants and/or desires. This includes identifying risk areas.

Recognize opportunities to build on success and address any challenges

Update the support plan as the person continues to share additional goals, wants and/or desires

- [CBSM - Guide to encouraging informed choice and discussing risk](#)
- [DHS – Child protection](#)
- [DHS – Person-centered practices](#)
- [DHS – Person-Centered, Informed Choice and Transition Protocol](#)
- [Minnesota Board on Aging – Vulnerable adults](#)
- [Vulnerable Adults Mandated Training](#)



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Questions?



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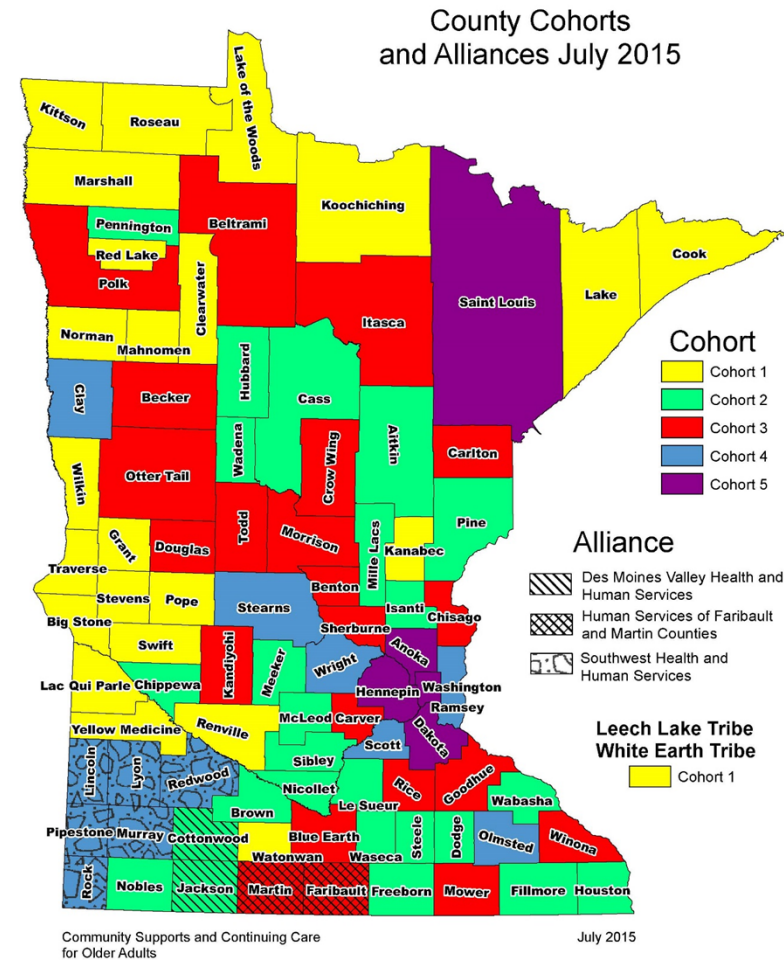
Factors Affecting Choice

Angela Amado, PhD, University of Minnesota's Institute on Community Integration

Stacy Danov, PhD LP, Department of Human Services, Disability Services Division

Background

- Person Centered Practices and Support Planners
- Trainings



Lead Agency Review 12 Essential Elements

- 1) The person's strengths (DL2.E)
- 2) Opportunities for choice (DL2.G)**
- 3) Current physical and/or mental and/or chemical health status (DL2.H)
- 4) Rituals and routines (quality, predictability, and preferences) (DL2.L)
- 5) Person's dreams and aspirations (DL3.A)
- 6) Preferred living setting (DL3.B)
- 7) Preferred work/education/productive activities (DL3.E)
- 8) Social, leisure or religious activities (DL3.F)
- 9) Goals or skills related to person's preferences (SAP1.B)
- 10) Action steps needed to achieve goals or skills (SAP1.C)
- 11) Identifies who is responsible for monitoring implementation of the plan (SAP1.L, SAP1.N)
- 12) Details about what is important to the person (OC1.I, DL1.C, DL2.B, DL2.G, SAP1.J, TQR1.C)

Got Choice?

A system that helps the person make informed choices that results in a life of their choosing in their communities.



We need choice and control to:

- Have purpose and meaning, to be fulfilled
- Develop and maintain relationships
- Create supportive environments that reflect our culture
- Manage our day to day lives

Choice without control

- Is just a list of preferences
- Is a road to aggression or depression

At its core the rule asks us to support people in making informed choices about:

1. Who provides the services and supports
2. Where the person lives
3. Who they live with
4. What they do with their time
5. What they do with their resources

The Challenge Of Choice

It seems simple –

- Everyone has preferences, likes and dislikes, things they want to be present or absent

So just

- Ask people what they want

Then

- Help them get it

- Questions about how you want to live require exploration and reflection. If you have never been asked they are hard to answer
- You may need to try new things to determine what you want
- If you communicate differently, we need to listen differently
- Past trauma impacts expressed choices
- What you want may present a risk we should not support

Made by Others

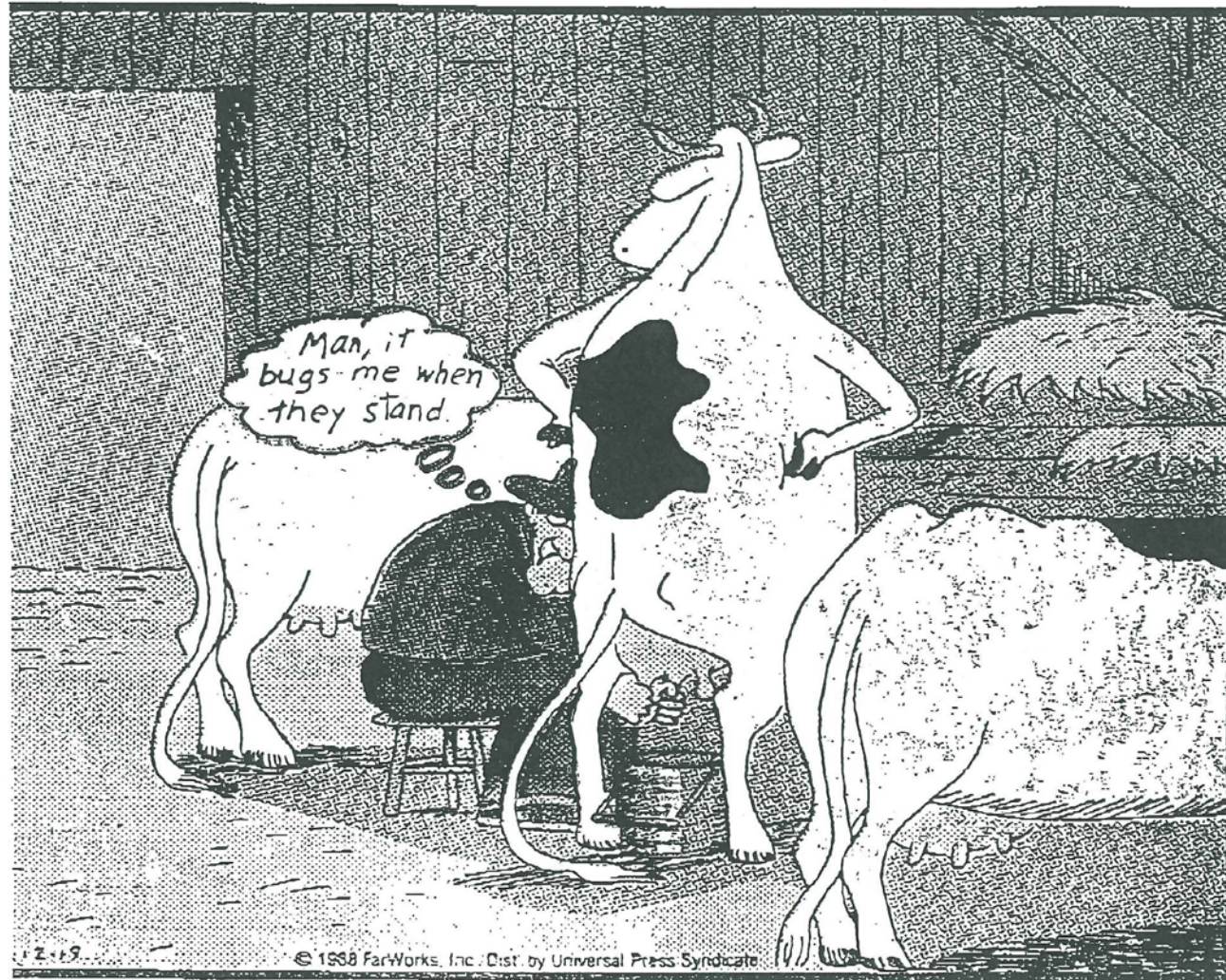
- No cash, no \$
- Mom buys her clothes
- \$20 paycheck she doesn't see
- All food comes from central kitchen

Made by Lisa

- Has access to pennies
- Jelly on her toast
- Getting a cup of water
- Whether to take a bath or shower
- Chores
- Serves herself



"OK, sir, would you like inferno or non-inferno? ... Ha! Just kidding. It's all inferno, of course — I just get a kick out of saying that."



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CONTEXTS AFFECTING “CHOICE”

(what is “informed” choice?)

1. Individual/personal factors

- Acquiescence
(people say what they think you want to hear)
- What we say is based on our past
- People need to have direct experience (the Baskin Robbins principle)
- Complacency
- Fear of change
- No one always says what they mean
- Trust

CONTEXTS AFFECTING “CHOICE”

2. Environment/service issues

- Are you limited to a menu of systems options
- Are you listening to “the unsaid”
- Are you using “It’s their choice” as a justification for the status quo
- Are you balancing choice with the other four valued experiences
- Is “choice” honored as a selection of options versus understanding the person’s core values

Responses to “I WANT.....”

1. Given the person’s history, why might they be saying that? What would that mean about what kind of new experiences we can help them to have?

“I want to stay here...”

2. If we listen beneath the surface, to the unsaid, what is the person saying they want?

“I want to marry Mick Jagger”

3. How close can we get?

“I want to be a doctor”

4. How can we make it happen?

“I want my own place”

Reflect and Share

- What is one thing you could do in your practice to increase people's experience of choice and having more say in their life?





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Questions?

DSD.ResponseCenter@state.mn.us

Where to find help now

- [Person Centered Thinking 2-day Trainings](#)
 - <http://rtc3.umn.edu/pctp/training/newdates1.asp?training=1>
- [Person Centered Practices Webpage](#)
 - <http://mn.gov/dhs/partners-and-providers/continuing-care/provider-information/person-centered-practices/>
- [Olmstead Plan Webpage](#)
 - <http://mn.gov/dhs/general-public/featured-programs-initiatives/olmstead-plan/>
- DHS Training Archive page
 - http://www.dhs.state.mn.us/main/dhs16_143138
- [Bulletins](#)
 - http://www.dhs.state.mn.us/main/id_000305
- [Lead Agency Review Website](#)
 - <http://www.minnesotahcbs.info/>
- [E-List Announcements](#)
 - http://www.dhs.state.mn.us/main/id_000677#
- [CBSM Main Page](#)
 - http://www.dhs.state.mn.us/main/id_000402

Please take a moment to let us know your thoughts.

- Take our [Survey](#):

<http://surveys.dhs.state.mn.us/snapwebhost/s.asp?k=150100683655>

Audio from today's session will be available beginning tomorrow morning by dialing:

855-859-2056

Conference ID:

57929906

If you have questions following the session, email to
DSD.responsecenter@state.mn.us

Thank you for attending!

Thank you!