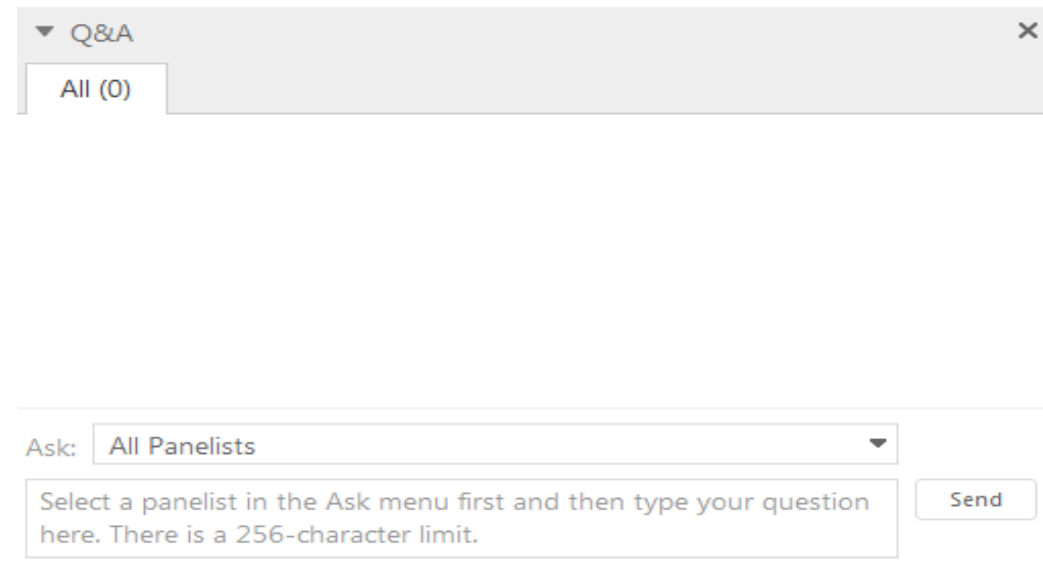




Support Planning Professional Learning Community (SPP LC)

January 31, 2018

To ask a question during the presentation use the Q&A Panel in WebEx



The screenshot shows a window titled "Q&A" with a close button (X) in the top right corner. Below the title bar, there is a tab labeled "All (0)". The main area of the window is empty. At the bottom, there is a section labeled "Ask:" with a dropdown menu currently set to "All Panelists". Below the dropdown is a text input field containing the instruction: "Select a panelist in the Ask menu first and then type your question here. There is a 256-character limit." To the right of the text input field is a "Send" button.

Select “All Panelists”, type your question, and click Send.

Announcement

Everything Starts with a Dream

Person-centered support planning: Jump start planning with 8 simple elements

- Happening state-wide and recently rolled out in metro lead agencies
- Discuss how to successfully incorporate person-centered skills and planning elements evaluated by the Lead Agency Review (LAR) team into support planning
- Introduce Communities of Practice
- Contact your RRS for details (DSD.RRS@state.mn.us)



DEPARTMENT OF
HUMAN SERVICES

Everything Starts with a Dream

Betsy Gadbois, Director of Person Centered Practices

Stacy Danov, PhD LP, Disability Services Department

Dreams and aspirations



Everybody has a dream; they give us hope for the future and with hope, everything is possible.

Dreams are personal, they express our identity, personal vision and our purpose.

At times our dreams may be hard to articulate.

I have a dream

Martin Luther King Jr. said:



I have a dream

Not

I have an annual plan with goals and quarterly reports

Dreams are for all people

Dream Statements of people I know...

- “I dream of having a garden that could be featured on the front cover of the home and garden magazine.”
- “I want to be a super hero when I grow up.”
- “I want to walk down the aisle at my granddaughter’s wedding.”
- “I will build my own airplane and fly it.”
- “To be able to travel, camp, and carve for the rest of her life.”

Dream Statements of people I support...

- “I want to move away from Minnesota, far far away to another state.”
- “I want to go on a vacation and ride on an airplane.”
- “I dream of getting married and have children when I get a little older.”
- “I dream of connecting with my biological family and hanging out with them.”
- “For Josemy to live a life where he can decide what to do with his free time, such as spend time with our family.”

Very few people dream about living in a group home and attending a day program with people with similar disabilities.



We have dreams for other people in our lives.

- We want our children to be:

- Healthy and happy

- Find the person they love

- Have a job they love

- We want our parents to be:

- Healthy and happy

- Stay in their homes as long as they can

- People in their lives they love and are not lonely

A father's dream for his 9 year old daughter:

My dreams for Margaret are not different than for my other children. I hope someday she may be a:

- Friend
- Wife
- Mother
- Colleague
- Taxpayer
- ANYTHING but a client



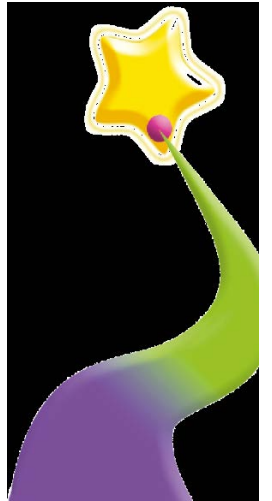
BUT/AND....

Each of us want lives where we:



Person's dreams and aspirations

- Everyone has the right to dream.
 - It is important to fully understand a person's dream
 - Dig deeper and ask why
 - What does the dream mean to the person?



Person's dreams and aspirations

- People are more open to working with you when you don't ignore their dreams.
 - Listen without judgment
 - Understand your personal biases
 - Not limiting someone's dream

What is it we do?

- It about...
 - Listening.... And listening differently
 - Trusting
 - Acting on what we hear
 - Write it down
 - Share it
 - Celebrate all success



“Life is a journey,
not a destination.”

-Ralph Waldo Emerson

Is it an unrealistic dream – Who decides?



Fork in the Road



How do you learn about dreams?

- Get Curious – Discover new things
- What do you want to be when you grow up?
- What do you dream your life will be like?
- What do you want your life to be like tomorrow, one year from now, or 10 years from now?

What will you do?

Questions

Betsy Gadbois, Director of Person Centered Practices

BGadbois@owakihi.com

651-318-9384

Stacy Danov, PhD LP

Disability Services Division, DHS

Stacy.e.Danov@state.mn.us

Where to find help now

- Person Centered Thinking 2-day Trainings
 - <http://rtc3.umn.edu/pctp/training/newdates1.asp?training=1>
- Person Centered Practices Webpage
 - <http://mn.gov/dhs/partners-and-providers/continuing-care/provider-information/person-centered-practices/>
- Olmstead Plan Webpage
 - <http://mn.gov/dhs/general-public/featured-programs-initiatives/olmstead-plan/>
- DHS Training Archive page
 - http://www.dhs.state.mn.us/main/dhs16_143138
- Bulletins
 - http://www.dhs.state.mn.us/main/id_000305
- Lead Agency Review Website
 - <http://www.minnesotahcbs.info/>
- E-List Announcements
 - http://www.dhs.state.mn.us/main/id_000677#
- CBSM Main Page
 - http://www.dhs.state.mn.us/main/id_000402
- Disability Hub MN
 - <http://disabilityhubmn.org/>
- Positive Supports Minnesota
 - <https://mnpssp.org/>

Please take a moment to let us know your thoughts.

- Take our [Survey](#):
- <http://surveys.dhs.state.mn.us/snapwebhost/s.asp?k=151734538701>

Audio from today's session will be available beginning tomorrow morning by dialing:

855-859-2056

Conference ID:

6492037

If you have questions following the session, email to
DSD.responsecenter@state.mn.us

Thank you for attending!