Recovery and PSR Resources


Boston University Center for Psychiatric Rehabilitation: www.bu.edu
Internet Courses – Professional Development Program
Online Seminars – The Psychiatric Rehabilitation Process
Books: cprbooks@bu.edu, http://www.bu.edu/cpr/
Psychiatric Rehabilitation, Second Edition
The Role of the Family in Psychiatric Rehabilitation
Readings in Psychiatric Rehabilitation
Psychological and Social Aspects of Psychiatric Disability
The Recovery Workbook: Practical Coping and Empowerment
Strategies for People with Psychiatric Disability
The Experience of Recovery
The Recovery Workbook II: Connectedness
A Comprehensive Guide for Integrated Treatment of People with Co-Occurring Disorders
Practitioner Tools for facilitating the Psychiatric Rehabilitation Process:
suemac@bu.edu
http://www.bu.edu/cpr/catalog

United States Psychiatric Rehabilitation Association (Formerly known as IAPSRS)
www.iapsrs.org (Members receive a quarterly copy of the PSR Journal which is co-published by IAPSRS and Boston University)

Self-Help Resources by Mary Ellen Copeland, MS, MA
http://www.mentalhealthrecovery.com

IAPSRS MN

Consumer Survivor Network of Minnesota

pathways@ku.edu
Published by the Office of Mental Health Research & Training at the University of Kansas School of Social Welfare.

Linthicum, MD: IAPSRS


UIC National Research and Training Center on Psychiatric Disability  
[www.psych.uic.edu/uicnrtc/](http://www.psych.uic.edu/uicnrtc/)  
Free: Self-Determination products at:  
[http://www.psych.uic.edu/uicnrtc/self-determinationlhtm#tools](http://www.psych.uic.edu/uicnrtc/self-determinationlhtm#tools)  
[http://www.pshch.uic.edu/uicnrtc/sdconfpapers.htm](http://www.pshch.uic.edu/uicnrtc/sdconfpapers.htm)  
Resources for sale in fourteen major areas of PSR

Pacific Clinics Institute  
[http://www.pacificclinics.org](http://www.pacificclinics.org)  
Schizophrenia: A Family Education Curriculum  
Family Skills for Relapse Prevention


**Intentional Care**: 2001 Advocates Inc. and Patricia E. Deegan Ph.D.  
Can be found on the web.

Deegan, Patricia E., “Human Sexuality and Mental Illness: Consumer Viewpoints And Recovery Principles”. (Found under Patricia Deegan’s website.

Psychosocial Rehabilitation Journal, 9,4, 11-19.

*Journal of Psychosocial Nursing*, (4), 7-11.

Anderson, D. & Deegan, P.E. (1998). How to successfully include people with psychiatric disabilities on boards and committees: Overcoming the barriers and providing support. (Available from the National Empowerment Center, 20 Ballard Road, Lawrence MA 001843).

NAMI  
[www.nami.org](http://www.nami.org)

[www.nyaprs.org](http://www.nyaprs.org)  New York Association of Psychiatric Rehabilitation Service


Recommended Stigma Websites
http://www.tolerance.org (raise consciousness of your own biases)  
http://www.schizophrenia.com/newsletterbuckets/success.html (challenging stereotypes/role models)  
http://www.adscenter.org/ (resources to address discrimination and stigma)  
http://www.nami.org (stigma busters information)  
http://www.stigmaof.com/ (provider/consumer developed website Moe Armstrong providing education about mental illness)  
http://www.apastyle.org/disabilities.html APA Removing Bias in Language  
http://www.nmha.org/newsroom./stigma/index.cfm National Mental Health Association: Stigma Watch