Minnesota - Figures

Population Health Data Estimate for the CMMI State Innovation Model Initiative

6/30/2014
Notes:

Colorectal cancer screening is based on questions regarding having had a colorectal test based on current guidelines. Persons aged 50-75 years who reported colorectal test use were considered up to date if they had any of the following:

- a Fecal Occult Blood Test (FOBT) within the prior year
- a Sigmoidoscopy within the last 5 years and FOBT within the last 3 years
- a Colonoscopy within the last 10 years

Adult Obesity was determined using reported height and weight to calculate body mass index (BMI), defined as kilograms of weight divided by the square of height measured in meters. A BMI >30.0 is considered obese.
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Median intake of fruits and vegetables (times per day) among adults aged ≥18 years

Source: Centers for Disease Control and Prevention
Percent of adults aged ≥18 years who reported having 14 or more physically and mentally unhealthy days in the past month

Source: Centers for Disease Control and Prevention
Percent of respondents aged 50-75 years who had appropriate screening for colorectal cancer

Fecal Occult blood test (FOBT) every year, Sigmoidoscopy every 5 yrs with FOBT every 3 yrs, or Colonoscopy every 10 yrs

Source: Centers for Disease Control and Prevention.
Percent of current smokers among adults aged ≥18 years

Source: Centers for Disease Control and Prevention
Percent of respondents with diabetes (aged ≥18 years) who reported having 2 or more A1c tests within the previous year

*Unstable estimates due to small sample
Source: Centers for Disease Control and Prevention
Percent of respondents with diabetes (aged ≥18 years) who reported receiving a dilated eye exam within the previous year

*unstable estimates due to small sample

Source: Centers for Disease Control and Prevention
Percent of respondents with diabetes (aged ≥18 years) who reported receiving a foot exam within the previous year

Source: Centers for Disease Control and Prevention
Percent of respondents aged ≥18 years who reported driving after drinking too much in the previous 30 days

*unstable estimates due to small sample

Source: Centers for Disease Control and Prevention
Percent of adults aged ≥18 years who participated in enough aerobic and muscle strengthening exercise to meet recommended guidelines

Source: Centers for Disease Control and Prevention
Percent of adults aged ≥65 years who have had a flu shot within the past year

- Median U.S. Total State: 61.3%
- White non-Hispanic: 63.6%
- Black non-Hispanic: 60%
- Hispanic: %
- Other: %
- <12: %
- 12: %
- >12: %

*Unstable estimates due to small sample

Source: Centers for Disease Control and Prevention
Median intake of fruits and vegetables (times per day) among adults aged ≥18 years

Source: Centers for Disease Control and Prevention
Percent of adults aged ≥18 years who reported their general health was poor or fair

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Percent of adults aged ≥18 years who are taking medicine for their high blood pressure

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Percent of adults aged ≥18 years who have any kind of health care coverage

Source: Centers for Disease Control and Prevention
Percent of obesity among adults aged ≥18 years

Median U.S. Total State: 27.8%
White non-Hispanic: 25.7%
Black non-Hispanic: 31.7%
Hispanic: 30.9%
Other: 18.0%
<12: 27.7%
12: 29.7%
>12: 26.5%

Source: Centers for Disease Control and Prevention
Percent of smokers who attempted to quit smoking among adults aged ≥18 years

Source: Centers for Disease Control and Prevention