Support Planning Professionals Learning Community (SPPLC)

Person Centered Practices
Five Common Elements
Part 2 of 5

FEBRUARY 24, 2016
MINNESOTA DEPARTMENT OF HUMAN SERVICES

Questions: Use Q&A Panel and send to "All Panelists"
Welcome

To ask a question during the presentation use the Q&A Panel in WebEx

Select “All Panelists”, type your question, and click Send.

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Agenda

- Lori Miller: Review the objectives of the learning community
- Lori Miller: Person Centered Protocol Updates
- Amanda Calmbacher: Adult Mental Health and Person Centered Planning
- Dan Baker: Lessons Learned from Other States
- Stacy Danov: Overview of Person Centered Practices

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Objectives of the Learning Community:

- Support Planning Professionals (SPP) are prepared to apply Person Centered practices.
- SPP are prepared to apply Person Centered Protocols to their work.

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Objectives of the Learning Community:

- Identify where there may be service or access issues that are getting in the way of “living” Person Centered Principles and Practices

- Provide an ongoing forum for support planning issues; initial focus is on person-centered planning

Questions: Use Q&A Panel and send to "All Panelists"
Person Centered Protocol Updates

- Approval of Person-Centered, Informed Choice & Transition Protocols
- Will be posted online
- Bulletin

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**Transition Protocols**

- Still in effect and should continue to follow.
- Current tools are optional
- Tools are being revised based on feedback and developmental of the Person-Centered, Informed Choice and Transition Protocols
- Lead Agency Review Team will be doing educational reviews

Questions: Use Q&A Panel and send to "All Panelists"
• Person-Centered Thinking training

• Refer to eList announcement.

• Registration open ONLY to Assessors and Lead Agency staff two weeks after posting.

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**Person Centered Protocol Updates**

- **Person-centered training opportunities**
  - DHS and the University of Minnesota’s Institute on Community Integration (ICI) announce a variety of training opportunities on person-centered thinking and person-centered planning. There are three separate training topics for you to consider, depending on your role or level of interaction with people with disabilities.

- **New dates and locations**
  - Visit the new [DHS person-centered training page](#) to see dates, locations and registration information for all sessions, and specifically the new Part 1: Person-centered thinking training dates.
  - Each Part 1 session is open only to assessors, case managers and other lead agency staff until late February. After this initial announcement period of two weeks, registration is open to everyone.

- **Suggest new locations or train-the-trainer training**
  - If you would like to suggest additional training locations or are interested in being trained to facilitate person-centered trainings, contact ICI at [rtc@umn.edu](mailto:rtc@umn.edu).

- **Get more information**
  - To learn more about the trainings and how to register, go to the the [University of Minnesota's person-centered training website](#). As always, check the [DSD training and news and information page](#) for all training opportunities.

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Adult Mental Health Targeted Case Management: Core Service Components and Process

“Gaining access to needed medical, social, educational, vocational, and other necessary services”

**Monitoring and Coordination:** Review of Individual Goal Progress and Effectiveness of Services & Resources & Supports, Advocacy

**Assessment:**
- Review Diagnostic Assessment, Complete Screenings & Functional Assessment & Level of Care, Reassessment

**Individual & Case Manager Working Relationship:**
- Engagement, Trust, Role Clarification, Support, Self-sufficiency, Person-Centered, Recovery Focus

**Referral and Linkage:**
- Implement the ICSP, Advocacy, Acquire Resources, Services, Natural Supports

**Planning:**
- Develop Individual Community Support Plan (ICSP), Identify Needed Resources and Services and Natural Supports & Ongoing Updates

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Adult Mental Health Updates

Updates

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Lessons Learned in Other States

- Person Centered Practices have been adopted in many other states.

- There are some ways of adopting Person Centered Practices that can give the best chance of success.

- We don’t just want people to comply with regulation – we want supports to be thought about differently.

Questions: Use Q&A Panel and send to "All Panelists"
Involve Stakeholders

- Figure out who the stakeholders are
- Involve them as early as possible
- Involve them as much as possible
- Different groups of stakeholders will be interested in different things; tailor the message for the group
- Listen to concerns

Questions: Use Q&A Panel and send to "All Panelists"
Teach About Person Centered Practices

- Teach what they are, focusing on the logic
- Teach how they can help each group of stakeholders
- Start with points of agreement
  - What can be done better?
  - How can Person Centered Practices help?
Share Success Stories

- They need to be real

- They need to feel achievable for the listener
  - Some stories we share put people off
  - The listener needs to think “I can do that”

Questions: Use Q&A Panel and send to "All Panelists"
Success Stories I Will Share

- Residential support
- School support
- Employment Support
- Corrections

*Note: These aren’t all mine.*
Person Centered Practices Common Elements: Choice (Part 2 of 5)
Review: Person Centered Practices

- Person Centered Practices
  - POWER WITH, SUPPORTING, FOCUS ON STRENGTHS, EXPRESS PREFERENCES AND CHOICE, HAVING POSITIVE CONTROL OVER LIFE

Questions: Use Q&A Panel and send to "All Panelists"
1. Growing in relationships
2. Contributing
3. Making choices
4. Being treated with dignity and respect and having a valued social role
5. Sharing ordinary places and activities

Each Valued Experience is related to one another
Moving from Service Life to Community Life

Service Life

- Important for addressed
- No organized effort to address important to

A Good Paid Life

- ‘Important to’ recognized
- ‘Important to’ present
- Focus on connecting, building relationships and natural supports

Community Life

- To and for present
- Closest people are paid or family
- Few real connections
- To and for present
- Active circle of support
- Included in community life

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Moving from Service Life to Community Life

- **Service Life**
  - Important for addressed
  - No organized effort to address important to

- **A Good Paid Life**
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- **Community Life**
  - To and for present
  - Active circle of support
  - Included in community life

TLC-PCP 2012 www.learningcommunity.us
Community is more than...

- Going on an “outing”
  - I go out / You go on a community outing
  - I go to church / You go on an outing to church
  - I go run errands/ You go with staff or with a group of people
  - I go out / You go out because you have a inclusion/community goal

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“Community is an experience, Not a Place”  (Amado, 1993)

Sharing ordinary places

- Some people may need support to identify useful or enjoyable community places

- Community mapping is one tool
Community Mapping

STEPS:

1. Identify interests, gifts, and possible contributions
   a. Interest are those things that express the meaning in a person’s life (O’Brien & O’Brien, 1989)
   b. Gifts are those qualities or characteristics that are appreciated by others.

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Community Mapping

2. Explore and Identify Possible Connections

a. Where are all the places this interest can be expresses? Generate a list of places

b. Identify opportunities for community relationships. Focus on opportunities for relationships

c. Look for potential welcoming places
Community Mapping

d. Explore the local community

e. Look for interested People. The last way to explore possible connections is to look directly for people who might be interested in getting to know people with disabilities
Community Mapping

3. Make Introductions

4. Continue to support the relationship


Questions: Use Q&A Panel and send to "All Panelists"
Comm. Map

Church

Casino

White Oak

Feed Mill

Then go to

Movie Theater

Carp

Hardware/A?

Hank

Thunder Alley

Racquet Club

League?? 888

Fishing - club groups

Contests

Group - let's go fishing

Fishing

Library

Chase

Junk

Tracks

Fairgrounds

Racing

BINGO

Spm Monday

Pitch

Dart League?

American Legion

College

Comm

Itasca

College

American Legion

BINGO

Spm Monday

Pitch

Dart League?
Questions, Feedback, Comments?

Pausing for

- Questions
- Feedback
- Comments

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Where to Find Help Now?

- **Bulletins**: [http://www.dhs.state.mn.us/main/id_000305](http://www.dhs.state.mn.us/main/id_000305)

- **E-List Announcements**: [http://www.dhs.state.mn.us/main/id_000677#](http://www.dhs.state.mn.us/main/id_000677#)

- **CBSM Main Page**: [http://www.dhs.state.mn.us/main/id_000402](http://www.dhs.state.mn.us/main/id_000402)

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Survey

Please take a moment to let us know your thoughts.

Take our Survey
http://surveys.dhs.state.mn.us/snapwebhost/s.asp?k=145617200957
Audio from today’s session will be available beginning tomorrow morning by dialing:
855-859-2056
Conference ID:
54439958
If you have questions following the session, email to Diane.Marshall@state.mn.us

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Thank you for attending!

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