Domain: Quality of Life

About this domain
Start the assessment with this conversation to cover important life topics for the person such as bad and good days, activities, places, and people. This conversation reveals preferences, aspirations, values and challenges in the person’s life. The responses to any life topic can reveal information for another topic. Adapt the conversation with the person in order to cover these quality of life topics to gain insights and information.

This conversation helps you, the assessor, frame the interview to discover assessment domains to focus on most or spend the most time gathering details. It supports your professional practice in conducting an interview where you are able to focus on getting to know the person as you prepare to drill down into the assessment domains. This conversation also sets the tone for listening and reflective inquiry which supports establishing rapport and building trust.

Question Group: Getting to Know You
(Person-centered interview)

Description of what a “bad day” looks and feels like for the person:

Description of what a “good day” looks and feels like for the person:

Description of activities the person enjoys doing:

Description of places the person likes to go or where they wish they could go to:

Description of who the person spends time with and who they would like to spend time with:

Question Group: Referrals & Goals, Future Planning

What the person values and wants for their life

Support plan implications for meeting the person’s identified needs

Referrals: (Use list currently in MnCHOICES.)