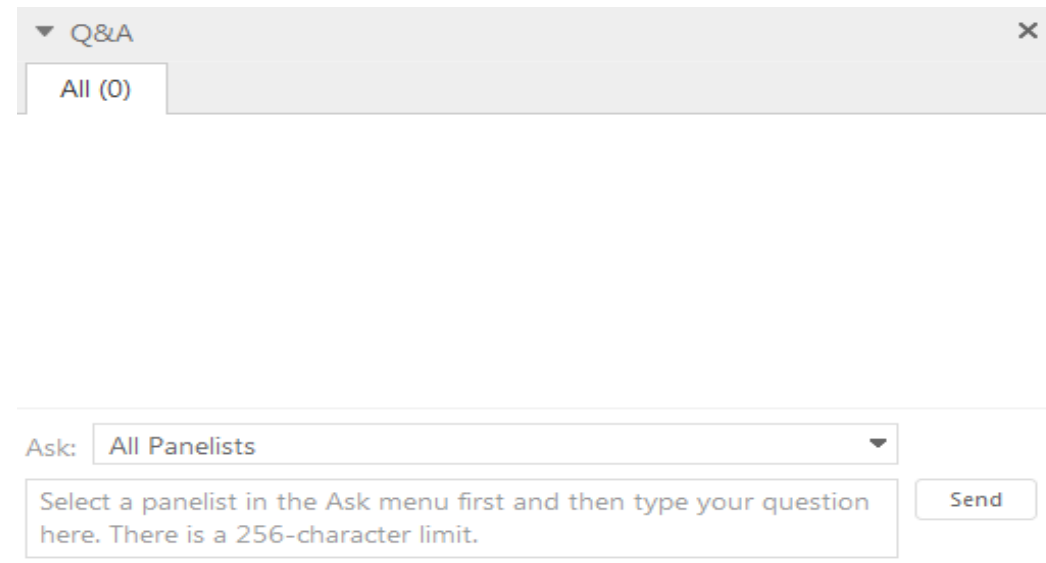




Support Planning Professional Learning Community (SPP LC)

June 26, 2019

To ask a question during the presentation use the Q&A Panel in WebEx



The screenshot shows a window titled "Q&A" with a close button (X) in the top right corner. Below the title bar, there is a tab labeled "All (0)". The main area of the window is empty. At the bottom, there is a section labeled "Ask:" with a dropdown menu currently set to "All Panelists". Below the dropdown is a text input field containing the instruction: "Select a panelist in the Ask menu first and then type your question here. There is a 256-character limit." To the right of the text input field is a "Send" button.

Select “All Panelists”, type your question, and click Send.

Announcements

Life Sharing

Objectives and Purpose of the SPP LC

SPP LC Survey Feedback

Case Management and Assessment Policy Staff

Regional Resource Specialists

Communities of Practice

Announcements - webinars

Upcoming SPP LC Webinars:

- July 31: Canceled due to Odyssey Conference
- August 28: Environmental Accessibility Adaptation (EAA) Home Modification Assessment and Installation for Home and Community Based Services and Waiver Reimagine Update
- September 25: To be determined
- October 30: People Need Their Team. What is your Role?
- November 20: Collaborative Safety
- December: No SPP LC webinar

- [Registration](#) is open for the rest of the year. Please register to receive updates and PowerPoint handouts.

OBRA Level II Training

- June 26, 2019; 1:00 – 4:00 pm

Announcements – video conference

Aging and Adult Services Video Conference

- June 27, 2019; 9:00 – 11:30 am
- Grey Matters: Mental Illnesses Co-Occurring with Dementia
- Speakers: Kay King of NAMI MN and Marsha Berry of Alzheimer's Association of MN

Announcements - Odyssey

Minnesota Age & Disabilities Odyssey Conference

- July 31 – August 1, 2019
- Duluth Entertainment Convention Center



Announcements – MN Gathering

2019 Minnesota Gathering for Person-Centered Practices

- September 24 – 25, 2019
- Eagan Community Center

Gallery Walk

- Visual representation to share how you and your organization are putting your gifts, skills, interests and dreams to implement person-centered practices.
- Create a poster or bring a pre-prepared poster of your work.





DEPARTMENT OF
HUMAN SERVICES

Life Sharing in Minnesota

Scott Schifsky

Disability Services Division

Learning Objectives

Participants will be able to:

- Describe the vision for Life Sharing and influence the design of the service.
- Understand the roles and responsibilities of the Life Sharing Specialist Agency and the individual/family that provides support to the person.
- Learn about success stories from providers of Life Sharing

Life Sharing in other states

- Colorado
- Massachusetts
- Ohio
- Pennsylvania
- Rhode Island
- Vermont



What is Minnesota's vision?

- One person at a time
- Life sharing works best nation wide when one person is matched with an individual or family based on mutual agreements and sincere and thoughtful relationship building.



Life Sharing: What is it? ⁽¹⁾

- People choosing to live with each other by building a mutual respected relationship over time.
- Sharing responsibility and supporting each other.
- Different for each person and emerges using person centered best practices
- One choice among many



(1) New York Association of Community and Residential agencies “Creating Innovative, Individualized Living Options for Person with Disabilities December 2009

What it's not? (1)

- A “program” to fix or change people
- Segregation by disability or income
- Compatible with services that congregate & control people
- Signing a lease on a place that staff control
- A funding stream for use to do more of the same kinds of services
- Another name for “downsizing” existing facilities into smaller units or otherwise renaming existing service



What it's not continued (1)

- A kind of “slot” or “bed” with prerequisite entry & exit criteria
- A test to see if you can live with no problems & if not, you get sent back to group living
- A fixed amount of assistance forever
- Forcing people to live the way we think is good for them



What it's not three ⁽¹⁾

- Justified because it is cheaper than group living
- Having permission to live in an agency controlled apartment
- Being assigned roommates
- Expecting that the amount of assistance necessary will always decrease



Who is eligible?

Adults who are enrolled in the following waivers:

- Brain Injury (BI)
- Community Alternative Care (CAC)
- Community Access for Disability Inclusion (CADI)
- Developmental Disabilities (DD)

Where can people move from?

- Family or corporate adult foster care homes
- Hospitals
- Institutions for Mental Diseases (IMD)
- Intensive rehabilitation treatment and rule 36 settings
- Intermediate care facilities for persons with developmental disabilities (ICF/DD)
- Nursing facilities
- Registered housing with services establishments
- Unlicensed living arrangements.

Family responsibilities

- Share relationships and assist the person to experience new things and support preferences in the person-centered plan.
- Meals and meal planning support
- Positive support with the person
- Transportation
- Medical appointments
- Be trained in person-centered practices
- Complete mandate reporting training

What are the Life Sharing Specialists responsibilities?



Life Sharing Specialists 2

- Matching
- 245D oversight
- Training and ongoing support
- Back-up support



State and County Roles

- Licensing review of Life Sharing Specialist Agency
- Administer funding/contracting/certification of Life Sharing Specialist Agencies
- Promotion and technical assistance to interested people and stakeholders.

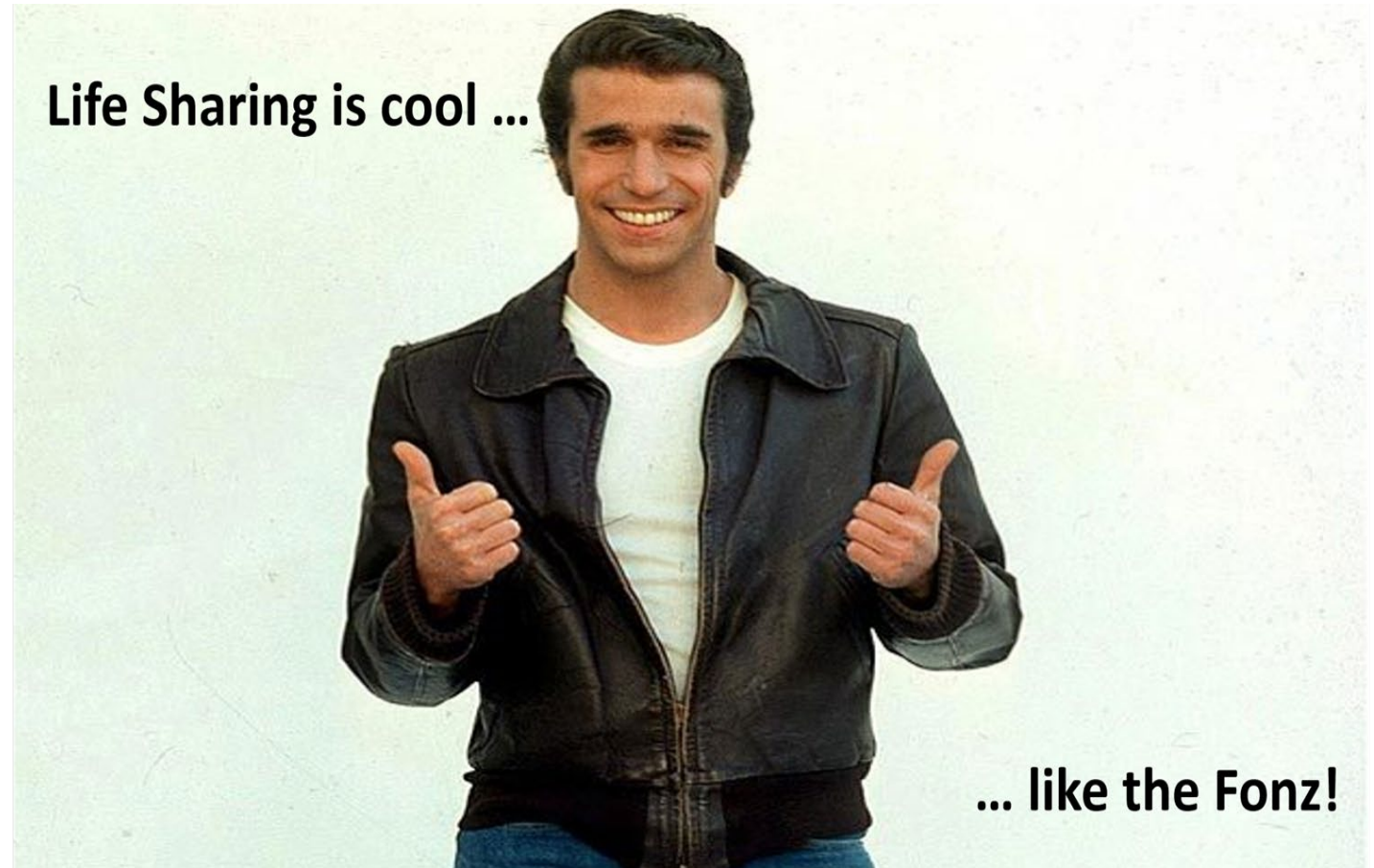
- Print adds and on-line resources
- Finding people who the person already has relationships
- Current or former staff that supported the person
Extended family
- Starting a pool or using existing respite providers that after time might yield to be a good fit as a Life Sharing family.
- RUMI

How can Life Sharing be funded with existing services?

- [Family Training and Counseling](#)
- [Specialist Services](#)
- Family Foster Care

How do we address the challenge of setting appropriate family foster care rates?

Questions?



Scott Schifsky

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651.802.9870



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Support Planning Professionals Learning Community
Objectives and Purpose

First Support Planning Professionals Learning Community: November 4, 2015

Three Drivers:

- Olmstead Plan
- HCBS Settings Rule
- Jensen Settlement Agreement

Person-Centered Practices are the common thread

Established for support planning professionals and those who support them

- You are all applying person-centered principles in your work
- As we gain clarity about changes, this is the place for you to learn about updates.

Learning Community Objectives

- Prepare support planners to apply person-centered practices to their work
- Provide learning opportunities
- Provide access to resources
- Identify and promote emerging best practices

Learning Community Objectives, cont'd

- Provide an ongoing forum for support planning issues
- Identify gaps in services or access issues that get in the way of person-centered practices
- Share information about projects and initiatives

MnCAT Certification CLUs

Certified assessors should use the following document to discern if a training meets their recertification requirements:

It is found MnCHOICES County Link:

- [Training Page](#)
- MnCAT Step 4
- [MnCAT Step 4: Recertification Instructions and Guidance, pg. 3 & 4](#)
- For future SPP-LC webinars, if CLU requirements are met, this will be indicated during the webinar.

Where are we now?

40

**Number of
Sessions**

243

**Average Number
of Attendees**

79

**Subject Matter
Expert Presenters**

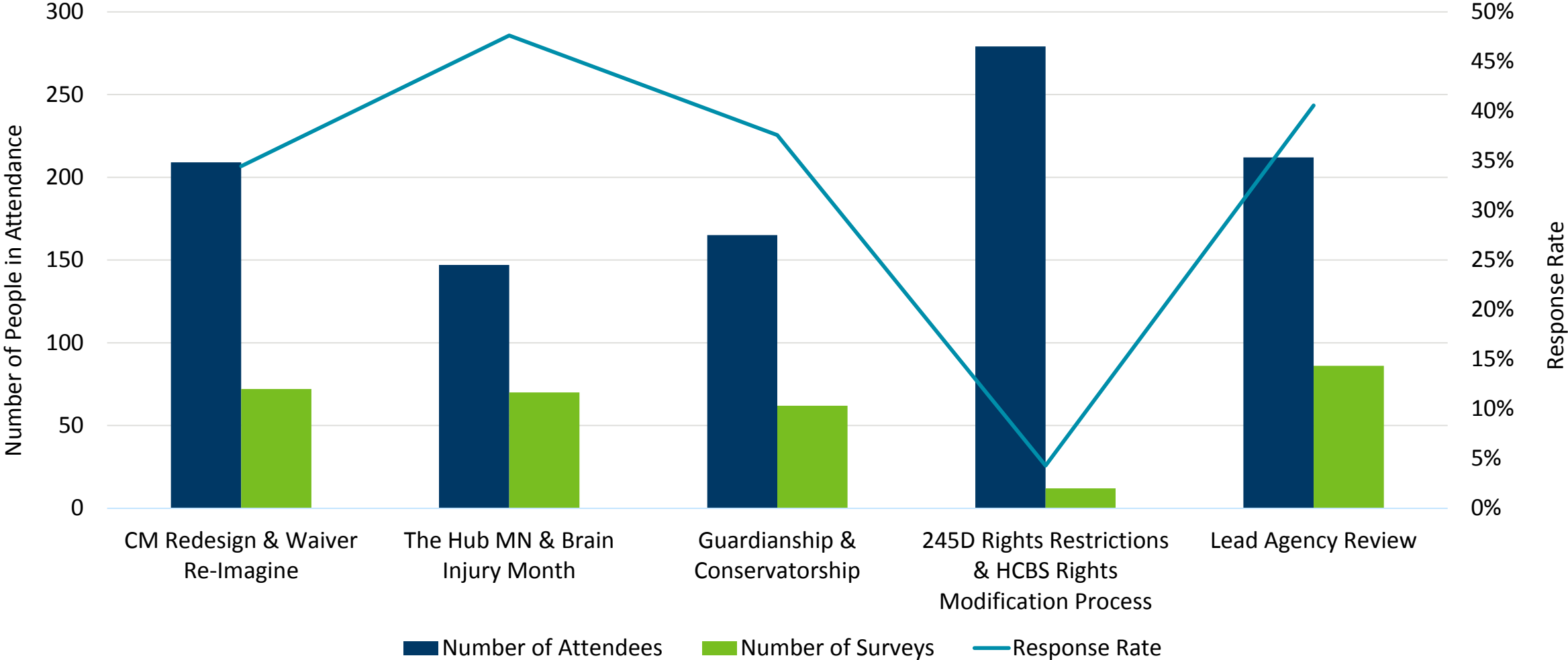


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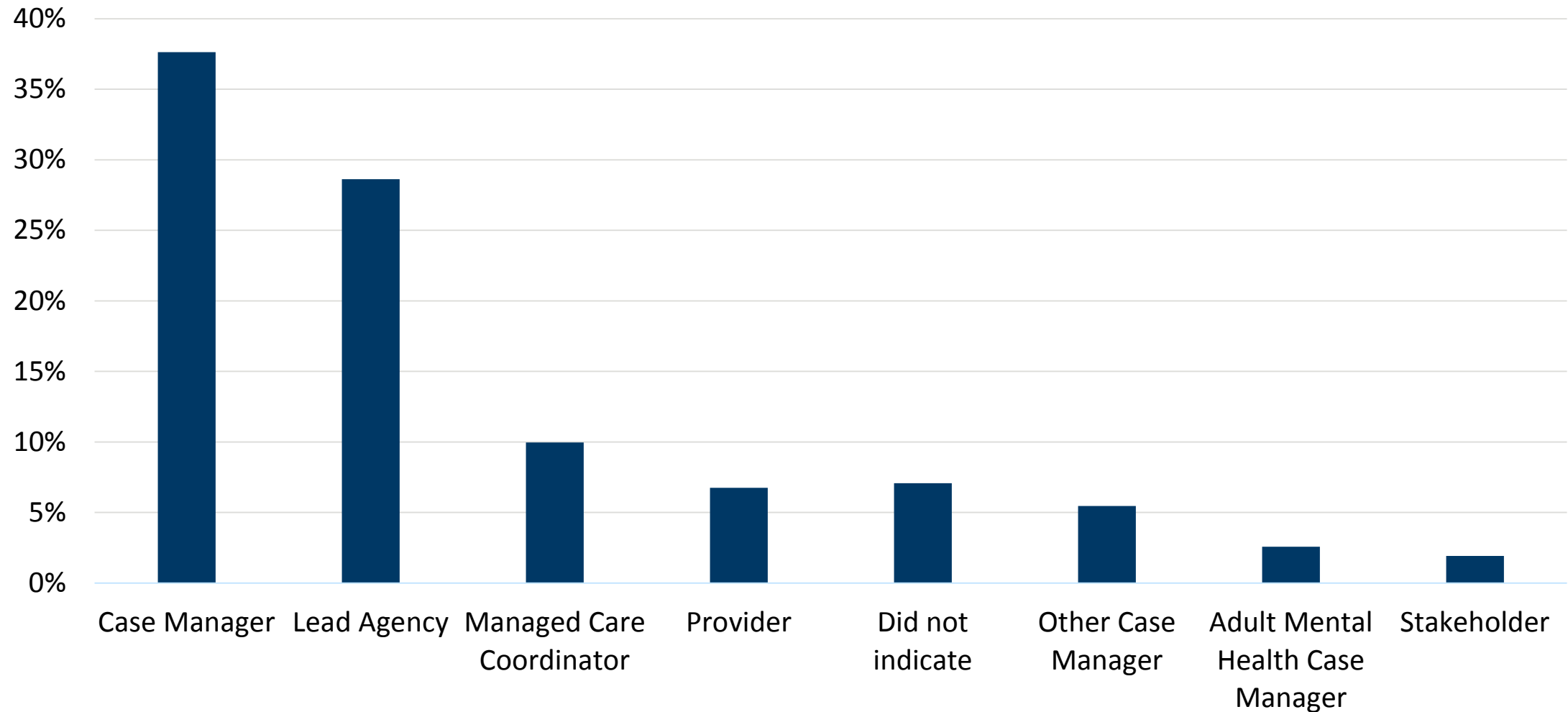
2019 Support Planning Professionals Learning Community

Survey Results

SPP-LC Attendance and Survey Responses



Primary role of survey respondents



SPP-LC Survey Findings

More than 80% of respondents...

- Reported that content of the webinar was relevant
- Felt that the specificity of content was the right amount
- Materials shared were good or excellent
- Reported the clarity of material was good or excellent
- Felt the handouts or resources provided were good or excellent
- Reported this was not their first webinar and they did not have problems with registration
- Reported they would attend again!

What was most helpful?

- Resources and how to access them
- Accommodations and exceptions processes
- Case Studies and examples
- Citing authority
- Clear definition of roles as it relates to content
- Understanding of roles and how they relate to person centered practice
- Sharing SPP-LC Planning and what to expect
- Specific information and tools that can be applied to support planning role.
- Information sharing on DHS projects/initiatives.
- Keeping time for question and answer
- Utilizing Subject Matter Experts as presenters

Suggestions for improvement

- General speaker reminders (clarity, slowly)
- Amount of information on each slide and the whole scope of each session
- More case studies and examples
- Less background noise
- Updated slides
- Mute microphones that are not being used, mute audience microphones
- General background overview of information so that everyone has a baseline
- Indicate if the information is general, intermediate or advanced
- Acronym Dictionary
- Would like a one-pager from each session
- Highlighting – what should the “Case manager” do
- Audio Quality and consistency

Suggestions for future topics

- Person Centered strategies in Behavioral Health
 - Many specific mental health diagnosis requests
 - General Mental Health
 - Psychotropic Medications
 - Foster Care or group living settings
- Aging – AC, EW, ECS
- Fiscal – Budgets
- CDCS
- Positive Supports
 - Rights restrictions
 - Protection of rights
 - Risk, Dignity of Risk
 - Positive Support Transition Planning
- PCA
- 245D Provider Documentation
- Informed Decision Making



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Case Management and Assessment Policy Staff

Aging and Adult Services

Melissa Rakow-Pare, MSW, LISW

Case Management Policy Specialist

- Case Management questions for Elderly Waiver (EW), Alternative Care (AC) or Essential Community Supports (ECS)
- Email; 651-431-4410
- Case Management Redesign, MCO workgroups, EW/AC/ECS quarterly meetings

Shannon Felegy

Alternative Care Program Manager

- Alternative Care Program questions and trainings
- Email; 651-431-2125
- EW/AC/ECS quarterly meetings

Darrin Helt

Adult Mental Health Consultant

- Adult Mental Health TCM questions and Technical Assistance
- Email and Phone (651-431-2325)
- CM Redesign Meetings, Regional County Supervisor CM Meetings

Di Marshall

Children's Mental Health Consultant

- Children's Mental Health TCM questions and Technical Assistance
- Email and Phone (651-431-2328)
- CM Redesign Meetings, CMH Meetings Statewide

Andrew N. N. Johnson

Case Management Policy Lead

- Case Management and CSSP Policy (CAC, CADI, BI, DD, R185, RSC)
- Response Center attn. Case Management Policy, Policy Quest, Email
- SPP LC, Odyssey, Communities of Practice and Case Management Redesign Engagements

Dagny Norenberg

Case Management Training & Communications

- CM Trainings and communications, CM policy for CAC, CADI, BI, DD and RSC, CSSP Policy
- Response Center, PolicyQuest, Email
- SPP LC, Communities of Practice, Regional Meetings, Odyssey

Sarah Jones, MSW, LGSW

Case Management Policy Specialist

- CM policy for CAC, CADI, BI, DD, RSC, CSSP Policy, CM Quality Measures
- Response Center, PolicyQuest, Email
- SPP LC, Communities of Practice, Odyssey

Lauren Germscheid

Case Management Training Specialist

- CM Training, Adult Learning
- Email
- SPP LC, Communities of Practice, Odyssey

Amy Alexander

MnCHOICES Policy Coordinator

- Policy and technical questions related to MnCHOICES Assessment and Support Plan
- Response Center, PolicyQuest
- Odyssey, MnCHOICES-related webinars, MnCHOICES Mentor Alliance meetings

Raukiya Bania

MnCHOICES Policy Coordinator

- LTSS Improvement Tool, general MnCHOICES policy and technical assistance
- Response Center, PolicyQuest
- Odyssey, MnCHOICES-related webinars, MnCHOICES Mentor Alliance meetings



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Regional Resource Specialists (RRS)

Shannon Wegner

Regional Resource Specialist Lead

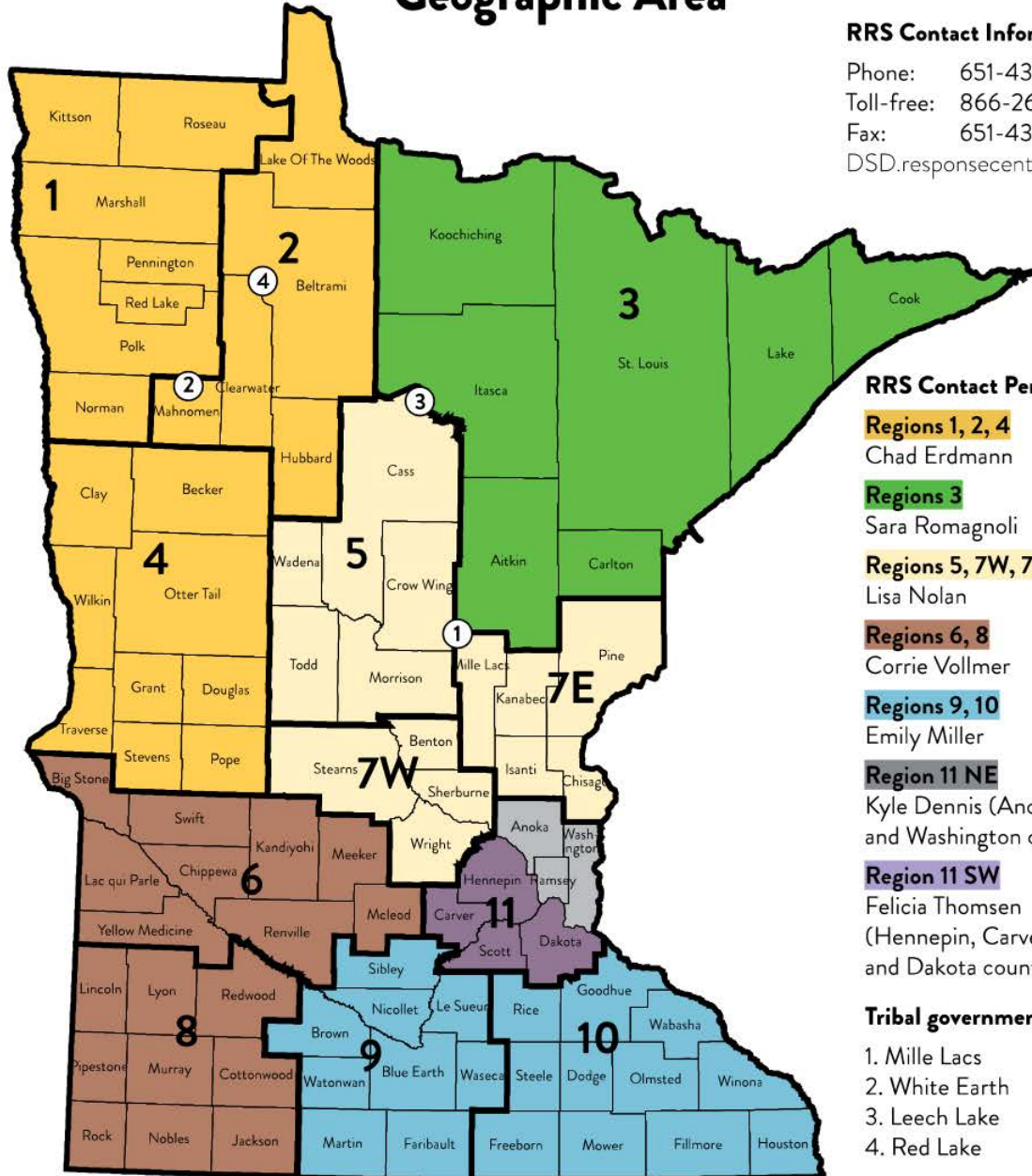
How the RRS team can help

RRS Team provides:

- Case consultation
- Communication and updates about DSD initiatives
- Policy clarification and interpretation
- Technical assistance
- Training

Regional Resource Specialist (RRS) Geographic Area

RRS Regions: DHS-4850B



RRS Contact Information

Phone: 651-431-4300
 Toll-free: 866-267-7655
 Fax: 651-431-7411
 DSD.responsecenter@state.mn.us

RRS Contact Person

Regions 1, 2, 4

Chad Erdmann

Regions 3

Sara Romagnoli

Regions 5, 7W, 7E

Lisa Nolan

Regions 6, 8

Corrie Vollmer

Regions 9, 10

Emily Miller

Region 11 NE

Kyle Dennis (Anoka, Ramsey and Washington counties)

Region 11 SW

Felicia Thomsen
 (Hennepin, Carver, Scott and Dakota counties)

Tribal government offices

1. Mille Lacs
2. White Earth
3. Leech Lake
4. Red Lake

How to contact us

Email:

DSD.RRS@state.mn.us or

DSD.ResponseCenter@state.mn.us

Phone:

651-431-4300 or

866-267-7655 (toll free)



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Communities of Practice

Felicia Thomsen and Kyle Dennis

Region 11 Regional Resource Specialists

Examples of work in Communities of Practice

- Feedback on the Notice of Action, 6791E, LTSS Improvement Tool
- Connection time with Lead Agency Review
- Piloted Web-based Case Consult
- Exploring resources for culturally competent services
- Develop Person Centered Training focused for Guardians.
- Best Practices for Support Plan writing
- Improved communication practices with Law Enforcement and Hospitals
- Exploring the use of Electronic Signatures in the support plan and other DSD forms.
- Best Practices to be person centered in asking MnCHOICES Assessment Questions.



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Resources

Communications from DHS

[Bulletins](#)

Official policy communications to inform DHS business partners, about program changes and required actions

[E-List Announcements](#)

Official policy communications to inform Disability Services Division business partners, about program changes and required actions

Policy and general reference

[Community-Based Services Manual](#)

Online manual and reference tool for lead agencies who administer HCBS.

[CountyLink](#)

A website designed for counties administering all DHS programs that includes manuals, performance measurement data, training resources, and I.T. systems (including SSIS and MnCHOICES).

Technical Assistance

[DSD Response Center](#)

Phone or email connection to provide customer service for lead agencies, providers, consumers and other partners regarding technical assistance for HCBS programs.

[Policy Quest](#)

The Disability and Aging PolicyQuest is an automated web-based system for designated lead agency staff to submit policy questions. The public can view the responses

Training

[Upcoming DSD Training Opportunities](#)

Upcoming schedule of DHS provided training opportunities for lead agencies, providers, and other stakeholders. You can also visit our training archive to access materials from past trainings.

[DSD Training Archive](#)

Archived Trainings grouped by topic and date. Audio provided up to three months after initial training.

[Aging Training & Conferences](#)

The Aging and Adult Services Division and Minnesota Board on Aging offer training for lead agency staff and for those looking to learn more about how to better serve and support older adults more broadly.

Advocacy

[Ombudsman \(LTC, DD/MH, MCO\)](#)

Regional ombudsmen work to enhance the quality of life and services for people receiving services and supports by providing advocacy and other assistance.

Specialized

[Disability Hub MN](#)

Statewide information, referral and assistance service to connect people to community services.

[Senior Linkage Line](#)

Statewide information, referral and assistance service for seniors, caregivers, and Medicare beneficiaries.

[DB101.org](#)

Provides tools and information on employment, health coverage, and benefits to learn how work and benefits go together.

[Lead Agency Review Website](#)

The purpose of the HCBS Lead Agency Review website is to share information about the lead agency review process, including case file review and site visit protocols as well as our findings with lead agencies.

Person Centered Skills and Tools Resources

[Person Centered Thinking Training](#)

Review learning objectives and register for Person Centered Thinking training as well as Picture of a Life – Person Centered Plan Facilitation Training.

[Person Centered Practices Webpage](#)

Overview of the Person-Centered practices initiative, including frequently asked questions, the Person-Centered, Informed Choice and Transition Protocol, as well information for providers and the public. Including and [FAQ Page](#)

[Olmstead Plan Webpage](#)

Minnesota's Olmstead plan guides state agencies to ensure that all people having the right to make choices: where to live, to have a satisfying job, to attend classes and to be part of the community.

[Positive Supports Minnesota](#)

Positive supports are approaches that are used to help people using a variety of proven support strategies that do not include punishment or seclusion. Website includes policy, training, resources and examples.

Please take a moment to let us know your thoughts.

- Take our [Survey](#):
- <http://surveys.dhs.state.mn.us/snapwebhost/s.asp?k=156140288076>

Audio from today's session will be available beginning tomorrow morning by dialing:

855-859-2056

Conference ID:

9359826

If you have questions following the session, email to DSD.ResponseCenter@state.mn.us

Thank you for attending!