Directions to DHHS Metro in downtown
St Paul from 35E & I94

These directions will lead you to the street door closest to our office. Parking tends not to be readily available on this particular street, so you may need to search for parking elsewhere in the area. There is metered parking on public streets and three parking lots/ramps located close to the Golden Rule building. The parking lots/ramps are: 1) The Robert Street Ramp, 95 E. 7th Street, 2) Block 19 Ramp, 7th St. at Jackson, and 3) Jackson 7 Lot, 182 E. 7th Street. Please note: we do not validate for parking.

Reminder: downtown St. Paul has two roads named “7th”: 7th Street is on the north side of our building, while 7th Place is on the south side.

Coming from the north (i.e., White Bear Lake, Little Canada):
Take 35E, south into downtown. Take the Wacouta exit (it’s not on the right, stay in the second to the left lane). Follow Wacouta to 6th Street and turn right onto 6th Street. Follow 6th Street four blocks, turn right at Minnesota Street, and finally turn right at 7th Place. We are in the building on your left (the taller of the two attached buildings).

Coming from the east (i.e., Oakdale, Stillwater, Woodbury):
Take I94, west to the 6th Street exit. It is a left exit. Follow 6th Street to Minnesota Street. Turn right onto Minnesota Street. Go one block to 7th Place, turn right onto 7th Place. We are in the building on your left (the taller of the two attached buildings).

Coming from the south (i.e., Bloomington, Burnsville,):
Take 35E, north to the Kellogg exit. Turn right onto Kellogg. Go two blocks to 7th Street. Turn left onto 7th Street (in front of the Xcel Energy Center). Turn right at the first opportunity (5th Street). Follow 5th Street several blocks to Minnesota Street. Turn left onto Minnesota Street, go two blocks to 7th Place and turn right. We are in the building on your left (the taller of the two attached buildings).

Coming from the west (i.e., Midway area, Mpls., western suburbs):
Take I94, east into downtown. Exit at 5th Street. Follow 5th Street several blocks to Minnesota Street. Turn left onto Minnesota Street, go two blocks to 7th Place and turn right. We are in the building on your left (the taller of the two attached buildings).

Street address: 85 East 7th Place, Suite 105, downtown St. Paul
651/431-5940 V  651/964-1514 VP  1-888-206-6513 TTY
651/431-7587 FAX  dhhs.metro@state.mn.us
DHHS Metro office is located in the Golden Rule Building in downtown St Paul.

View of south side of building looking northeasterly

View of southeast corner of building looking northwesterly

We occupy this corner of the first floor

Entrances to the building:
Two accessible entrances on 7th Place (south side)
Secondary entrance with a staircase on 7th Street (north side)
No entrances are available on Robert Street