DEFINITIONS OF CHALLENGING BEHAVIORS SCALES

(A) **Eating Non-Nutritive Substances**: Person ingests inedible items such as paper, strings, dirt or toilet water that may cause physical harm to the person. This does **not** include children’s normal mouthing behaviors.

(B) **Injurious to Self**: Person engages in behavior that intentionally causes injury or has significant potential for intentionally causing injury to their own body. Includes putting self in dangerous situations. Example: Person intentionally runs into traffic, has suicidal behavior, self-hitting, self-biting, head banging, self-burning, self-poking/stabbing, rectal digging, pulling out hair or uses objects to the body.

(C) **Aggressive Toward Others, Physical**: Person engages in behavior that intentionally causes physical pain to other people or to animals. A person who causes physical pain due to involuntary movement is not considered to have physical aggression toward others. Example: Person hits, pinches, kicks, scratches, bites, throws objects at others or uses objects to hurt others.

(D) **Aggression Toward Others, Verbal/Gestural**: Person uses language (verbally, through written words or symbols, or through gestures or signs) which threaten psychological, emotional, or physical harm toward others. Example: Person swears at others, writes threatening notes, attempts to intimidate through aggressive gestures that do not make physical contact with other persons.

(E) **Inappropriate Sexual Behavior**: Person expresses himself/herself in a sexual manner that is socially unacceptable, offensive or injurious to self or others. Example: Person masturbates in public, exposes private body areas to others, forces others to participate in sexual acts.

(F) **Property Destruction**: Person disassembles, damages or destroys public or private property or possessions. Example: Person breaks windows, glasses, lamps or furniture, tears clothing, sets fires or uses tools/objects to damage property.

(G) **Runs Away**: Person purposefully leaves without telling others or departs from the supervision of staff unexpectedly. Example: Person leaves the living area for extended periods of time without informing appropriate persons, runs away or intentionally wanders away from staff while in the community.

(H) **Breaks Laws**: Person has been arrested and convicted of breaking a law or laws and has been determined to have had knowledge of breaking laws. Example: Person steals or commits arson.

(I) **Temper Outbursts**: Person has instances of emotional behavior that are atypical of others in similar situations. There may also be instances of manic behaviors, which could also be disruptive. Example: cries, shouts angrily, screams, throws self on floor, disrupts objects without intent to destroy, argues without apparent reason or hyperactivity, overzealous social exchanges, over
excitement.

(J) Other: Person may engage in behaviors not specified within any of the above categories of behavior that inhibit or prohibit participation in daily life activities. Behaviors categorized, as Other must be specified in the NOTES area. Examples: throws food, disruptive of other’s activities, spitting, urinating in inappropriate places or unintentionally causes physical harm to self or others.