Recommendation for Doula Services for Pregnant and Postpartum Minnesota Health Care Programs Members

Minnesota Health Care Programs (MHCP) is issuing a statewide standing recommendation that all MHCP members who are pregnant or up to one year postpartum would benefit from receiving doula services from an MHCP-enrolled doula provider.

Doulas provide culturally responsive emotional, informational and physical support for pregnant and postpartum people and families. Doula services are an evidence-based measure to improve maternal and infant outcomes as well as reduce health disparities. Access to this service is vital for all pregnant and postpartum MHCP members.

This recommendation fulfills the federal requirements in section 440.130(c) of title 42 of the Code of Federal Regulations for a physician or other licensed practitioner of the healing arts acting within their scope of practice under state law to provide a written recommendation for preventative services.

This recommendation remains in effect until rescinded or modified.



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