

## Home-delivered meals

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<b>Legal authority</b>	Federally approved BI, CAC, CADI, DD and EW waiver plans, <a href="#">Minn. Stat. §256B.091</a> and <a href="#">Minn. Stat. §256B.0922</a>	
<b>Definition</b>	<b>Home-delivered meal:</b> An appropriate, nutritionally balanced meal that is delivered to the person's home.	
<b>Eligibility</b>	<p><b>AC, ECS and EW</b> To receive this service under the Alternative Care (AC), Essential Community Supports (ECS) and Elderly Waiver (EW) programs:</p> <ul style="list-style-type: none"> <li>• The person must have an assessed need for the service that is documented in their support plan.</li> <li>• The service must be the most cost-effective method to provide the person with a nutritionally balanced meal.</li> </ul> <p><b>BI, CAC, CADI and DD</b> To receive this service under the Brain Injury (BI), Community Access for Disability Inclusion (CADI), Community Alternative Care (CAC) and Developmental Disabilities (DD) waivers:</p> <ul style="list-style-type: none"> <li>• The person must be age 18 or older.</li> <li>• The person must be unable to prepare their own meals due to their disability.</li> <li>• The person must have an assessed need for the service that is documented in their support plan.</li> <li>• The service must be the most cost-effective method to provide the person with a nutritionally balanced meal.</li> <li>• No one else is available to prepare the meals.</li> </ul>	
<b>Covered services</b>	The person can receive up to <b>one</b> waiver-funded home-delivered meal per day. <b>Note:</b> The lead agency can authorize support to help the person prepare additional meals (e.g., <a href="#">homemaker</a> , <a href="#">individualized home supports</a> ).	
<b>Non-covered services</b>	<p>If a person receives a meal as part of another service or funding source, they cannot receive a home-delivered meal. Examples of other services or funding sources may include:</p> <ul style="list-style-type: none"> <li>• <a href="#">Adult foster care</a>.</li> <li>• <a href="#">Community residential services (CRS)</a>.</li> <li>• <a href="#">Family residential services (FRS)</a>.</li> <li>• <a href="#">Customized living (CL)</a> or <a href="#">integrated community supports (ICS)</a>, if the person receives meal preparation for three meals per day as part of the service. For more information, refer to the Settings section.</li> <li>• <a href="#">Housing Support (formerly known as Group Residential Housing)</a>.</li> <li>• <a href="#">Title III C of the Older Americans Act</a> (for additional information, refer to the secondary information section).</li> </ul> <p>A person cannot use this service solely to save money on their food budget.</p>	
<b>Settings</b>	<p>A person may choose to receive the home-delivered meal where they live or in a common dining space where they can eat the meal. The common dining space must be located in the building where the person resides.</p> <p>A person does not need to have a permanent home to receive a home-delivered meal.</p> <p><b>CL</b> The lead agency can authorize home-delivered meals in CL settings if all the following are true:</p> <ul style="list-style-type: none"> <li>• The person receives meal preparation for less than three meals per day as part of the CL service.</li> </ul>	

	<ul style="list-style-type: none"> <li>• The home-delivered meal service and the CL service are delivered by separate providers.</li> <li>• The case manager/care coordinator ensures there is no duplication of meal preparation.</li> </ul> <p><b>ICS</b> The lead agency can authorize home-delivered meals in ICS settings if all the following are true:</p> <ul style="list-style-type: none"> <li>• The person receives assistance or support with cooking for less than three meals per day as part of the ICS service.</li> <li>• The home-delivered meal service and the ICS service are delivered by separate providers.</li> <li>• The case manager/care coordinator ensures there is no duplication of meal preparation.</li> </ul>
<b>Secondary information</b>	<p>Services under all waiver/AC programs must meet the requirements listed in the section of <a href="#">CBSM – Waiver/AC programs overview</a>.</p> <p><b>Title III C of the Older Americans Act (OAA)</b> The lead agency should authorize home-delivered meals the person needs within the limits of the waiver, AC or ECS. The lead agency may also authorize home-delivered meals through <a href="#">Title III C of the OAA</a> for a person age 60 or older when they cannot authorize the amount of meals the person needs through the waiver, AC or ECS. For more information, refer to <a href="#">ACL – OAA payer of last resort</a>.</p>
<b>Provider standards and qualifications</b>	<p>Home-delivered meals are DHS enrollment-required services. For more information, refer to <a href="#">CBSM – Waiver/AC service provider overview</a>.</p> <p><b>Eligible providers</b> The following providers may provide home-delivered meals:</p> <ul style="list-style-type: none"> <li>• Hospitals.</li> <li>• Restaurants.</li> <li>• Schools.</li> <li>• Others that provide home-delivered meals and meet the additional provider requirements below.</li> </ul> <p><b>Additional provider requirements</b> A home-delivered meal provider must:</p> <ul style="list-style-type: none"> <li>• Comply with all state and local health regulations and ordinances related to food preparation, handling and serving, as defined under <a href="#">Minn. R. 4626</a>.</li> <li>• Use insulated hot and cold containers to ensure food is delivered at appropriate temperatures.</li> <li>• Ensure the meal contains at least one-third of the current Recommended Dietary Allowance (RDA) as established by the Food and Nutrition Board of the National Academy of Sciences, National Research Council.</li> <li>• Modify the meal, as needed, to meet the person’s dietary requirements.</li> </ul> <p>A licensed dietician or licensed nutritionist must review and approve menu plans. The dietician or nutritionist must meet the requirements in <a href="#">Minn. Stat. §148.621</a> and <a href="#">Minn. R. 3250</a>.</p>
<b>Authorization, rates and billing</b>	<p>The lead agency authorizes home-delivered meals at the predetermined rate. For more information, refer to <a href="#">Long-Term Services and Supports Service Rate Limits, DHS 3945 (PDF)</a>.</p>
<b>Additional resources</b>	<p><a href="#">CBSM – Waiver, AC and ECS general process and procedures</a>  <a href="#">CBSM – Waiver/AC programs overview</a>  <a href="#">CBSM – Waiver/AC service provider overview</a>  <a href="#">MinnesotaHelp.info</a>  <a href="#">DHS – Food policy for Housing Support recipients residing in licensed assisted living</a></p>

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