

Minnesota Department of Children, Youth, and Families
180 Day Transition Plan for Youth Leaving Foster Care at Age 18 or After

Youth:

Plan Dates:

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Caseworker Name:

Caseworker Phone and Email:

Why is the youth leaving foster care?

Is the youth exiting extended foster care before age 21 due to not being eligible? What has the agency done to assist the youth in becoming eligible for extended foster care? Provide specific details:

Youth's strengths:

Describe how the youth was involved in developing the plan:

Identify other individuals involved in developing the plan:

Housing, Education and Employment

Identify the youth's plan for housing upon leaving foster care:

Identify the youth's plans for education upon leaving foster care:

Identify the youth's plan for employment and/or work force supports upon leaving foster care:

Health Information

Medical Assistance (MA)

[Former foster youth](#) are eligible for MA until age 26 if they left foster care at age 18 or older and were enrolled in MA or another state’s Medicaid program when they left foster care.

Youth currently receiving MA do not need to apply. Leaving foster care is a change in circumstance and requires a redetermination of eligibility, not an application. Healthcare eligibility workers may request updated information to ensure youth continue to receive coverage. Youth who experience a break in coverage will need to apply through [MNsure](#), or by submitting [DHS-6696-ENG \(Application for Health Coverage and Help Paying Costs\)](#).

Youth who move to another state will need to apply for that state’s version of Medicaid. They may need to provide verification of former foster status. Youth who aged out on or after January 1st, 2023 will be eligible for Medicaid in any state. Youth who aged out before that date will be eligible on a state-by-state basis.

Information is available on the [Foster Youth Transitions](#) webpage.
[Minnesota Statutes, section 256B.055, subdivision 17.](#)

List medical, dental, mental health, and eye appointments scheduled after leaving foster care:

Appointment Type	Date	Time
Provider	Address	
Phone Number		

Appointment Type	Date	Time
Provider	Address	
Phone Number		

Health Care Directive

A health care directive is designating another individual to make health care treatment decisions on behalf of the youth if they become unable to participate in these decisions. If a youth does not have or does not want a relative who would be authorized to make these decisions, a health care directive may be important. If youth want to pursue a Health Care Directive a suggested form is available in [Minnesota Statutes, section 145C.16](#).

Vital Documents

Vital Documents: The responsible social services agency must provide the following vital documents to the youth at no charge prior to leaving foster care. [Minnesota Statutes, section 260C.452, Subd. 4\(c\)\(d\)\(9\)](#). Review the documents with the youth to confirm what is outstanding and develop a plan to how the youth will receive the needed documents.

Social Security Card

Birth Certificate

State identification card or driver's license

Tribal enrollment identification card

Contact information for the youth's siblings, if they are in foster care

Contact list of the youth's medical, dental, and mental health providers

Youth's social and medical history - [DHS-6754A-ENG \(Social and Medical History for a Child in Foster Care\)](#) and [DHS-6754B-ENG \(Information to Accompany a Social and Medical History\)](#)

Medical records

Dental records

Green card, school visa, or other immigration documentation

School records and education report

If male, has registered for selective services

Credit Report

Proof of foster care (DHS [DHS-8241-ENG \(Minnesota Proof of Foster Care Placement\)](#))

Plan for the youth to receive the documents:

Free annual customer credit reports can be obtained by:

Phone: (977) 322-8228

Online: <http://www.annualcreditreport.com/cra/index.jsp>

How will they help the youth	Name
Address	Phone/Email

How will they help the youth	Name
Address	Phone/Email

Signature Setup

This plan should be signed by the youth and caseworker. The youth and foster parents or caregiver should be given a copy of this plan.

Signatories

Youth:

Caseworker:

Supervisor:

This information is available in alternative formats to individuals with disabilities by calling your county worker. TTY users can call through Minnesota Relay at (800) 627-3529. For Speech-to-Speech, call (877) 627-3848. For additional assistance with legal rights and protections for equal access to human services programs, contact your agency's ADA coordinator.