

FAMILY CHILD CARE SUID/AHT TRAINING

What is required?

Minnesota Statutes, section 245A.50, requires sudden unexpected infant death (SUID) training for all license holders, staff persons, caregivers, and helpers who assist in the care of infants. Abusive head trauma (AHT) training is required for all license holders, staff persons, caregivers, and helpers who care for infants and children under school age.

The training must have been developed by the commissioner and approved by the Minnesota Center for Professional Development. The training must be completed face-to-face, through classroom training, or through online training at least once every two years. On the years when the license holder is not receiving SUID and AHT training face-to-face, in a classroom, or online, the license holder must receive SUID and AHT training through a video of no more than one hour in length. The video must be developed or approved by the commissioner.

SUID videos

The Department of Children, Youth, and Families has approved the following series of videos to meet the SUID component when individuals are not receiving face-to-face, classroom, or online SUID training. All videos must be viewed to meet the SUID training requirement.

Please note: The videos below include portrayals of infant sleep environments in private, non-licensed homes that are not subject to the requirements of Minnesota Statutes, section 245A.1435. Licensed child care providers must comply with statutory safe sleep requirements for sleeping infants, including nothing in the crib except for an infant's pacifier. In addition, attachments or modifications to the crib are prohibited.

- [Safe Sleep](#) (4:17) – Hennepin County
- [Sleep on It – Preventing Unsafe Sleep Practices](#) (6:28) – Dakota County
- [Safe Sleep for Childcare Providers](#) (4:19) – City of St. Louis
- [Safe Sleep for Your Baby](#) (9:56) – National Institute of Child Health and Human Development
- [Clear the Crib to Reduce the Risk of Sleep-Related Infant Death](#) (1:59) – National Institute of Child Health and Human Development

AHT videos

The Department of Children, Youth, and Families has approved the following series of videos to meet the AHT component when license holders are not receiving face-to-face, classroom, or online AHT training. All videos must be viewed to meet the AHT training requirement.

- [Never Shake: Preventing Shaken Baby Syndrome](#) (7:48) – Missouri Children's Trust Fund
- [Forever Shaken](#) (33:17) – Brain Injury Association of Nebraska
- [Jippson & Sapp Family](#) (13:49) – Never Shake Minnesota

Training verification

While no specific method of verification is required, you may print and sign this [training verification form \(DHS-3803\)](#) for documentation that you have watched each of the videos to fulfill your training requirement.

Post to: 24, 33, 51, 52, 53, 85 (add additional provider types as needed)
Email to: (add email list selections as needed)