

Minnesota Department of Human Services

Independent Living Plan

Youth's Name:

Plan Dates:

Next Review Date:

Worker Name:

Worker Phone:

What assessments were used to develop this plan?

(Check all that apply)

Casey Life Skills

Educational

Vocational

Mental Health

Chemical Health

Other

Youth included these individuals in the case planning team:

Case planning team member designated to advocate for the application of the prudent parenting standard:

Yes When the youth turned 17 1/2, agency advised all parties of the availability of benefits of the foster care

No program past age 18?

Date:

N/A

Reason:

All required parties received the notice:

Youth

Parents or legal guardians

Foster care provider

Guardian ad litem

Educational, Vocational or Employment Planning

The following are suggestions to discuss with the youth and develop goals, if needed. The list includes, but is not limited to:

- a or its equivalent
- employment planning and/or is adequately employed
- secondary educational or training program (college, vocational/technical school, trade school) and is applying for or has obtained financial aid for which they are eligible, including the [Education and Training Voucher Program](#)

What has the youth identified as their educational, vocational or employment needs and goals?

What strengths, abilities and resources does the youth have to make progress toward or accomplish these goals?

Are there any potential challenges or barriers to achieving these goals? If so, describe agency efforts to assist the youth with overcoming any identified barriers:

Person Responsible	Action Taken	Timeframe	Current Progress
What specific steps need to be taken by the youth, social worker and, if applicable, current foster care provider for the youth to make progress toward and/or successfully achieve these goals?			

Youth's comments/feedback:

Transportation

The following are suggestions to discuss with the youth and develop goals, if needed. The list includes, but is not limited to:

- Enrolling in or completing a driver's education course and/or obtaining a learner's permit or a driver's license, or has demonstrated the ability to use public transportation in their community
- Demonstrating the ability to use public transportation in their community

What strengths, abilities and resources does the youth have to make progress toward or accomplish these goals?

Are there any potential challenges or barriers to achieving these goals? If so, describe agency efforts to assist the youth with overcoming any identified barriers:

Person Responsible	Action Taken	Timeframe	Current Progress
What specific steps need to be taken by the youth, social worker and, if applicable, current foster care provider for the youth to make progress toward and/or successfully achieve these goals?			

Youth's comments/feedback:

Health Care Planning and Medical Coverage

The following are suggestions to discuss with the youth and develop goals, if needed. The list includes, but is not limited to:

- Understanding of their physical, dental, vision, and mental health needs and services
- Obtaining appropriate health care coverage and adequate access to health services
- Engaging in substance abuse prevention and preventive health activities (including smoking avoidance, nutrition education, and pregnancy prevention)

What has the youth identified as their health care planning needs and goals?

What strengths, abilities and resources does the youth have to make progress toward or accomplish these goals?

Are there any potential challenges or barriers to achieving these goals? If so, describe agency efforts to assist the youth with overcoming any identified barriers:

Person Responsible	Action Taken	Timeframe	Current Progress
What specific steps need to be taken by the youth, social worker and, if applicable, current foster care provider for the youth to make progress toward and/or successfully achieve these goals?			

Youth's comments/feedback:

Planning for Housing

The following are suggestions to discuss with the youth and develop goals, if needed. The list includes, but is not limited to:

- Exploring safe, stable and affordable housing with necessary supports, which does not include a homeless shelter

- Identifying an alternative affordable housing plan, which does not include a homeless shelter, if the original housing plan is no longer an option

- Having sufficient funds or resources to pay for first month's rent and a damage deposit.

What has the youth identified as their housing needs and goals, including, if applicable, where they would prefer to live after leaving foster care?

What strengths, abilities and resources does the youth have to make progress toward or accomplish these goals?

Are there any potential challenges or barriers to achieving these goals? If so, describe agency efforts to assist the youth with overcoming any identified barriers:

Person Responsible	Action Taken	Timeframe	Current Progress
What specific steps need to be taken by the youth, social worker and, if applicable, current foster care provider for the youth to make progress toward and/or successfully achieve these goals?			

Youth's comments/feedback:

Money Management

The following are suggestions to discuss with the youth and develop goals, if needed. The list includes, but is not limited to:

- Creating an effective budget to manage their money
- Learning consumer awareness
- Opening and/or maintaining a checking and/or savings account
- Becoming knowledgeable about credit and debit cards, developing good credit history, etc.
- Applying for and obtaining income assistance or other financial supports for which the youth is eligible
- Obtaining and reviewing annual credit reports and assisting with resolving any credit issues

What has the youth identified as their money management needs and goals?

What strengths, abilities and resources does the youth have to make progress toward or accomplish these goals?

Are there any potential challenges or barriers to achieving these goals? If so, describe agency efforts to assist the youth with overcoming any identified barriers:

Person Responsible	Action Taken	Timeframe	Current Progress
What specific steps need to be taken by the youth, social worker and, if applicable, current foster care provider for the youth to make progress toward and/or successfully achieve these goals?			

Youth's comments/feedback:

Social and Recreational Skills and Cultural Activities

The following are suggestions to discuss with the youth and develop goals, if needed. The list includes, but is not limited to:

- Involved in school, extracurricular, Tribal, cultural and/or religious activities
- Developing or pursuing interests or hobbies at home and in the community
- Regular opportunities to engage in age or developmentally appropriate activities

What has the youth identified as their social, recreational, community, and cultural needs and goals?

What strengths, abilities and resources does the youth have to make progress toward or accomplish these goals?

Are there any potential challenges or barriers to achieving these goals? If so, describe agency efforts to assist the youth with overcoming any identified barriers:

Person Responsible	Action Taken	Timeframe	Current Progress
What specific steps need to be taken by the youth, social worker and, if applicable, current foster care provider for the youth to make progress toward and/or successfully achieve these goals?			

Youth's comments/feedback:

Establishing and Maintaining Healthy Connections

The following are suggestions to discuss with the youth and develop goals, if needed. The list includes, but is not limited to:

- Developing lifelong connections to at least one caring adult, including discussing the opportunity for adoption
- Preserving connections with family and community
- Participating in family and/or community activities

What has the youth identified as their healthy connection needs and goals?

What strengths, abilities and resources does the youth have to make progress toward or accomplish these goals?

Are there any potential challenges or barriers to achieving these goals? If so, describe agency efforts to assist the youth with overcoming any identified barriers:

Person Responsible	Action Taken	Timeframe	Current Progress
What specific steps need to be taken by the youth, social worker and, if applicable, current foster care provider for the youth to make progress toward and/or successfully achieve these goals?			

Youth's comments/feedback:

Disability Income Assistance

The youth has engaged in a discussions to develop an understanding of the available resources that may be available to them, including, but not limited to, those listed below. Documentation of the youth applying to or obtaining any of the following resources or supports can be included in their transition plan.

- Social Security Disability Insurance
- General Assistance
- Minnesota Family Investment Program
- Minnesota Food Shelf Program
- Minnesota Supplemental Aid
- Supplemental Nutrition Assistance Program
- Supplemental Nutrition Assistance Program-Employment and Training
- Diversionsary Work Program
- Medical Assistance
- MinnesotaCare
- Child Care Assistance
- Emergency Assistance
- Housing and Homeless Prevention Assistance
- Other: _____

What strengths, abilities, and supports does the youth have to make progress toward or accomplish obtaining any of the identified resources listed above?

Are there any potential challenges or barriers to achieving any identified necessary resources? If so, describe agency efforts to assist the youth with overcoming any identified barriers:

Person Responsible	Action Taken	Timeframe	Current Progress
What specific steps need to be taken by the youth, social worker and, if applicable, current foster care provider for the youth to make progress toward and/or successfully achieve these goals?			

Youth's comments/feedback:

Vital Documents

Vital Documents that must be obtained prior to foster care discharge ([MN Statute 260C.452 subd 4\(c\)](#) and [MN Statute 260C.219 subd. 5](#))

Below is the list of required documents needed before a youth leaves foster care after the age of 18.

Select the documents the youth has already obtained:

- Social Security Card
- Birth Certificate
- State identification card or driver's license
- Contact list for medical providers
- Social and medical history
- Medical records
- Dental records
- School records

These additional documents are required, if applicable:

- Tribal enrollment identification card
- Green card, School visa, or other immigration document
- Contact information for the youth's siblings
- Selective Service Registration (if male)

What strengths, abilities, and resources does the youth have to make progress toward or accomplish obtaining all required documents?

Are there any potential challenges or barriers to obtaining all required documents? If so, describe agency efforts to assist the youth with overcoming any identified barriers:

Person Responsible	Action Taken	Timeframe	Current Progress
What specific steps need to be taken by the youth, social worker and, if applicable, current foster care provider for the youth to make progress toward and/or successfully achieve these goals?			

Youth's comments/feedback:

Additional Goal 1

Goal:

What strengths, abilities, and resources does the youth have to make progress towards or accomplish these goals?

Are there any potential challenges or barriers to achieving these goals? If so, describe agency efforts to assist the youth with overcoming any identified barriers:

Person Responsible	Action Taken	Timeframe	Current Progress
What specific steps need to be taken by the youth, social worker and, if applicable, current foster care provider for the youth to make progress toward and/or successfully achieve these goals?			

Youth's comments/feedback:

Additional Goal 2

Goal:

What strengths, abilities, and resources does the youth have to make progress towards or accomplish these goals?

Are there any potential challenges or barriers to achieving these goals? If so, describe agency efforts to assist the youth with overcoming any identified barriers:

Person Responsible	Action Taken	Timeframe	Current Progress
What specific steps need to be taken by the youth, social worker and, if applicable, current foster care provider for the youth to make progress toward and/or successfully achieve these goals?			

Youth's comments/feedback:

Signature Setup

The plan should be signed by the youth and social worker. The youth and foster parent(s) or caregiver(s) should be given a copy of the plan.

Youth:

Social Worker:

Supervisor:

Tribal Representative:

This information is available in alternative formats to individuals with disabilities by calling your county worker. TTY users can call through Minnesota Relay at (800) 627-3529. For Speech-to-Speech, call (877) 627-3848. For additional assistance with legal rights and protections for equal access to human services programs, contact your agency's ADA coordinator.

Youth's Rights: Age 14 and Older

As a youth in foster care placement age 14 or older, per [\(MN Stat. 260C.212 subd. 1\(c\)\(14\)\)](#) I am afforded the following rights:

Education

- To receive an appropriate education which will maximize your potential and includes the opportunity to participate in extracurricular activities
- To stay in your home school if appropriate
- To receive supports and services to participate in school
- To receive information regarding educational opportunities available, including but not limited to, the coursework necessary for vocational and post-secondary educational programs, and information regarding financial aid of post-secondary education

Health

- To see a doctor, dentist, eye doctor, or talk to a counselor (mental or chemical health) if you need to

Visitation

- To visit and contact family members as much as possible, unless a judge says you cannot

Court Participation

- To go to court and talk to the judge
- To receive notices of court hearings
- To contact your attorney and/or guardian ad litem

Documents

- To receive a social security card, birth certificate, state identification or driver's license, tribal enrollment identification card, contact information for siblings in foster care, contact list of health providers, medical and educational records, and immigration documentation if leaving foster care after age 18

Receive an Annual Credit Report

- Federal law requires that the agency shall ensure that the youth receives annually, at no cost to the youth, a copy of the youth's consumer credit report as defined in Minnesota Statutes, Section 13C.001 and provide assistance in interpreting and resolving any inaccuracies in the report. If this has been done within the previous twelve month period, it is not necessary to do it again before the youth is discharged from foster care.
- To receive help in understanding the report, and correcting things that are wrong

Stay Safe

- To live in a safe and nurturing environment
- To be protected from predators so that you can live a safe, happy, and successful life

- Yes No These rights were explained to the youth by their caseworker or tribal representative?
- Yes No The youth was given an opportunity to ask questions about their rights?
- Yes No The youth was given a copy of their rights?

Youth's Signature: _____

Youth's Rights: Parenting Youth

Parenting youth are afforded the following rights:

Consenting for services

Having given birth to a child, I may give consent to personal medical, mental, dental and other health services as well as consent to services for my child. The consent of no other person is required. See [MN Statute, Section 144.342 Marriage or Giving Birth, Consent for Health Service for Self or Child](#)

I can sign the [Information Access and Privacy Notice](#) for services for my child. See [MN Statute, Section 13.04, subdivision 2 The Rights of Subjects of Data](#).

- Yes No These rights were explained to the youth by their caseworker or tribal representative?
Yes No The youth was given an opportunity to ask questions about their rights?
Yes No The youth was given a copy of their rights?

Youth's signature: _____