

General information

Who can get PCA services?

You must:

- Enroll with Medical Assistance (MA), MinnesotaCare expanded benefits, Alternative Care or a waiver program
- Request an assessment from the county in which you live, the tribe of which you are a member or the managed care organization you are enrolled in to see if you qualify for PCA services
- Make decisions about your care or have someone to make decisions for you
- Provide for your own health and safety or have a responsible party that is able to do so
- Live in a home or apartment, not in an institution
- Meet access criteria
- Have a PCA assessment to see if you qualify for services

What can a PCA do for me?

Visit PCA services policy for details on the four categories of service. PCAs provide services and supports to help you with:

- Activities of daily living
- Health related procedures and tasks
- Observation and redirection of behaviors
- Instrumental activities of daily living

What are my responsibilities?

PCA services are designed to be flexible and driven by you. Keep the following in mind.

You, your responsible party, or your other providers (examples include your clinic doctor, hospital staff, or social worker) must request an initial assessment for PCA services. PCA Providers cannot do this for you.

You must have a PCA assessment to receive PCA services.

The assessment is done by the county or tribal public health department.

Provide honest and accurate answers to assessor's questions.

Do not ask your PCA to help or take care of others in your home.

Do not ask your PCA to complete tasks not allowed by state law.

Review and sign accurate time sheets.

Keep track of the hours of PCA services you have used.

If you are using the PCA Choice option, you have additional responsibilities.