Support Planning Professionals Learning Community (SPP LC)
September 25, 2019
To ask a question during the presentation use the Q&A Panel in WebEx

Select “All Panelists”, type your question, and click Send.
Announcements

Waiver Reimagine: Update on Current Status and Looking Forward

Housing Transitions for People with Disabilities: Developing a Person Centered Plan
Upcoming SPP LC Webinars:

• October 30: People Need Their Team. What Is Your Role?
• November 20: Collaborative Safety
• December: No SPP LC webinar

• **Registration** is open for the rest of the year. Please register to receive updates and PowerPoint handouts.
Aging and Adult Services Video Conference

• September 26: Ask Dr. Brose – Q&A about behavioral health challenges
  • Learning Objectives:
    • Provide best practices that can be applied in your own setting to improve the care of persons with behavioral health issues.
    • Help attendees understand clinical, regulatory, and risk management strategies around behavioral health care.
Announcements – St. Louis County HHS Conference

2019 Conference - Bravely Being Human

- October 9–11, 2019
- Duluth Entertainment and Convention Center
Waiver Reimagine: Update on Current Status and Looking Forward

Leah Zoladkiewicz- Waiver Policy Consultant, Disability Services Division

8/22/19
Current system challenges

- DHS received input from Minnesotans with disabilities, families, lead agencies and providers during a research study in 2018 specific to the waiver service system. Some challenges identified through this study included:
  - Complex system
  - Lack of information
  - Inconsistency between and within counties
  - Limits on control, flexibility and customized services
In 2019, the Minnesota legislature authorized the Department of Human Services (DHS), to make system-level improvements to Minnesota’s disability waiver programs (BI, CAC, CADI, DD).

Improving service access and options for people with disabilities

- Simplify programs.
- Increase choice.
- Encourage person-centered supports.
• Simplify the waiver service menus

• Reshape the four current waiver programs (Brain Injury, Community Alternative Care, Community Access for Disability Inclusion, Development Disabilities) into two new waiver programs (Residential Support and Individual Support)

• Develop an individual budgeting model for all disability waiver recipients
<table>
<thead>
<tr>
<th>Existing Configuration</th>
<th>Streamlined Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>24-Hour Customized Living</td>
<td>Customized Living</td>
</tr>
<tr>
<td>Customized Living</td>
<td></td>
</tr>
<tr>
<td>Corporate Foster Care</td>
<td>Community Residential Services</td>
</tr>
<tr>
<td>SLS Corporate</td>
<td></td>
</tr>
<tr>
<td>Family Foster Care</td>
<td>Family Residential Services</td>
</tr>
<tr>
<td>SLS Family</td>
<td></td>
</tr>
<tr>
<td>Adult Day (&amp; FADS)</td>
<td>Adult Day Services</td>
</tr>
<tr>
<td>Personal Support</td>
<td>Individualized Home Supports</td>
</tr>
<tr>
<td>Adult Companion</td>
<td></td>
</tr>
<tr>
<td>Independent Living Skills, Training</td>
<td>Individualized Home Supports with Training</td>
</tr>
<tr>
<td>Supported Living Services (15 min unit)</td>
<td>Individualized Home Supports with Family Training</td>
</tr>
<tr>
<td>Individualized Home Supports</td>
<td></td>
</tr>
<tr>
<td>In-Home Family Supports</td>
<td></td>
</tr>
<tr>
<td>Day Training &amp; Habilitation</td>
<td>Day Support Services</td>
</tr>
<tr>
<td>Structured Day Program</td>
<td></td>
</tr>
</tbody>
</table>
Waiver Reconfiguration

New waiver program
Supporting people in
Minnesota
with disabilities

- Residential Support Waiver
- Individual Support Waiver with CDCS

BI
CAC
CADI
DD
Individual Budget Model

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Low general support need, typical health and psychosocial support needs</td>
</tr>
<tr>
<td>2</td>
<td>Moderate general support need, typical health and psychosocial support needs</td>
</tr>
<tr>
<td>L</td>
<td>Low to moderate general support need, high health and/or high psychosocial support needs</td>
</tr>
<tr>
<td>3</td>
<td>High general support need, typical health and psychosocial support needs</td>
</tr>
<tr>
<td>4</td>
<td>Extensive general support need, typical health and psychosocial support needs</td>
</tr>
<tr>
<td>H</td>
<td>High to extensive general support need, high health and/or high psychosocial support needs</td>
</tr>
<tr>
<td>E</td>
<td>Extraordinary health and/or psychosocial support needs as determined by an additional process</td>
</tr>
</tbody>
</table>
What are the benefits of Waiver Reimagine?

How will Waiver Reimagine benefit:

• People
• Lead Agencies
• Providers
Implementation Timeline

• Phase 1 (2019-2020): Consolidate services and create singular service definitions for all waiver services

• Phase 2 (2020): Consolidate waivers and seek federal authority to implement

• Phase 3 (2020-2021): Develop individual budget methodologies that include support ranges and service mix values

• Phase 4 (2022-2023): Transition people from current waiver to new waiver
How will providers, lead agencies and people be engaged in the Waiver Reimagine project?

• Over the next 2 years, there will be many opportunities to provide input and stay involved in development of waiver service changes. The primary opportunities for input on service alignment and waiver consolidation will take place in 2020.
How can you learn more?

• To learn more about Waiver Reimagine visit the Waiver Reimagine webpage (https://mn.gov/dhs/waiver-reimagine/)

• Email DHS at Waiver.Reimagine@state.mn.us with questions or input about Waiver Reimagine

??Questions???
Housing Transitions for People with Disabilities: Developing a Person Centered Plan

Heidi Sandberg | Housing Specialist
Rajean Moone | HB101 Consultant
Purpose

1. Identify what’s changing in housing for people with disabilities

Explore ways to develop informed choice about housing

Introduce you to new strategies, resources & tools
Why?

1992
Americans with Disabilities Act

1999
Supreme Court Olmstead Decision

2014
HCBS Final Rule
“People with disabilities will choose where they live, with whom, and in what type of housing. They can choose to have a lease or own their own home and live in the most integrated setting appropriate to their needs. Supports and services will allow sufficient flexibility to support individuals’ choices on where they live and how they engage in their communities.”
Informed choice: full information is provided to allow educated and individualized decisions about housing options that are the most likely to foster a successful life in the community.
Housing is NOT an entitlement
Housing Programs are Multi-Systemic

Section 8
Federal

State
Housing Support
(GRH)

Local
Affordable
Housing
Possible Housing Paths for Youth

No Work
- General Assistance
- Homeless / Family
- Housing Support (GRH)

No Benefits
- MN Supplemental Aid
- Medical Assistance
- Family / Group Home

Social Security Benefits

Work
- Many more options
- Supported / Independent Housing
- Combination of income and benefits
Increasing Integration & Choice

General Assistance
Group home funded by Housing Support (GRH)

Apply for Supplemental Security Income

Competitive Employment
Exploring Housing

- Setting Goals
- Evaluating progress
- Developing plans
Housing Benefits 101 = Informed Choice

- Information
- Tools to help explore options
- Secure storage of documents, plans, etc.
- Secure sharing of information
• Evolution of the Housing Resources Toolbox (2001)

• Money Follows the Person Demonstration to help people in need of:
  • Affordable housing **AND**
  • Services or supports to help them in their housing
What’s on HB101?
Programs & Services

Types of Housing
The right type of housing for you depends on your situation, needs, and desires.

Your Own Place
- Owning a Home
- Condos and Co-ops
- Renting a Place
- Living with Other People

Housing That Includes Services
- Permanent Supportive Housing
- Adult Foster Care
- Board and Lodge
- Assisted Living at Housing with Services Establishments
- Nursing Homes and Other Long-Term Care Facilities
- Group Homes

Paying for Housing
Get help from programs that can make housing more affordable.

Help Tied to Certain Locations
- Public Housing
- Project-Based Voucher (PBV) Program
- More Project-Based Housing for Seniors and People with Disabilities
- Housing Support (formerly Group Residential Housing)

Help in Other Locations
- Section 8 Housing Choice Voucher (HCV) Program
- Bridges Rental Assistance
- Housing Trust Fund (HTF)
- Rental Assistance
- Family Unification Program
- MSA Housing Assistance

Services
- Personal Care Assistance (PCA) Program
- MA-Waiver Programs
- Moving Home Minnesota
- Services Paid for by Housing Support

Other Programs
- HUD Homeless Programs
- Veterans Housing Programs
- Housing Opportunities for Persons with AIDS (HOPWA)
- Rural Housing
- Tribal Housing

Get Help Now
- Do you have a disability?
- Are you 60 or older?
- Are you a veteran?
- Are you homeless?
- Other?
My Vault

If you are looking for a new place to live, the Vault is a safe place to build a plan. Your HEB101 Plan can help you decide on your needs and wants, review your money and budget, and present yourself in a positive way. Your HEB101 Plan won't find you a place, but it will help you figure out what to look for and how to pay for it.

Learn how your Vault can help you make a housing plan.

Sign in or register to work with your Vault.
Contacts

Keep a list of people you contact. Your contacts can include counselors, family, or anyone you work with when managing work and benefits. You can share files, web pages, and Estimator results with people on your contacts list.

Filter: by Name, Nickname or Email

### Contacts

<table>
<thead>
<tr>
<th>First Name</th>
<th>Last Name</th>
<th>Nickname</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>DB101</td>
<td>Visitor</td>
<td></td>
<td><a href="mailto:db101visitor@gmail.com">db101visitor@gmail.com</a></td>
</tr>
</tbody>
</table>

### Offices

Find the offices of the programs that help you. This list is based on information from other activities, including your Benefits Lookup (BLU).

<table>
<thead>
<tr>
<th>Office</th>
<th>Helps With</th>
<th>Phone</th>
<th>Local Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>County Human Services Agency</td>
<td>Medical Assistance (MA), SNAP, MFIP</td>
<td>1-866-333-2466</td>
<td></td>
</tr>
<tr>
<td>Disability Hub MI</td>
<td>Disability-related programs</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Local Social Security Office</td>
<td>SSI, SSDI</td>
<td>1-800-772-1213</td>
<td></td>
</tr>
</tbody>
</table>
Sharing inside & outside the vault!

Contact 1
Vault

Contact 2
Vault

Contact 3
Vault

Pro User

Contact 4
No Vault

Pro User 2
Adding a Contact

Contact Info
*indicates required info

- **First Name**: 
- **Last Name**: 
- **Nickname**: 
- **Job Title**: 
- **Agency or Organization**: 
- **Address**: 
- **City**: 
- **State**: 
- **ZIP Code**: 
- **Email**: 
- **Phone**: 

Team Membership
This contact is part of these teams:
- [ ] Benefits Planning
- [ ] Education
- [ ] Employment
- [ ] Housing

Permissions
This contact does not have a Vault account and cannot have permissions assigned.

Additional Information
How do you know this contact?

Notes:
Upload important benefits and housing files to your Vault. You can always get them, even if you change computers. Share files with your counselors or your family.

**Files**

<table>
<thead>
<tr>
<th>File</th>
<th>Modified</th>
<th>From</th>
<th>Shared</th>
</tr>
</thead>
<tbody>
<tr>
<td>My Own Place.pdf</td>
<td>February 18, 2018</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Budget Ideas Plan.pdf</td>
<td>February 18, 2018</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Benefits Lookup.pdf</td>
<td>June 1, 2016</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Drop files or click here to:**

- **Upload Files to My Vault**
- **Upload Files to My Vault and Share With Others**
This is a list of things you have shared with others using your Vault.

<table>
<thead>
<tr>
<th>When</th>
<th>What</th>
<th>With Whom</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 1, 2016</td>
<td>Benefits Lookup.pdf</td>
<td>Jack Eastman</td>
</tr>
<tr>
<td>June 1, 2016</td>
<td>Benefits Lookup.pdf</td>
<td>DB101 Visitor</td>
</tr>
</tbody>
</table>
Housing Benefits 101 Planning Tools

Path 1: I Get to Decide
- Three activities to help a person understand their rights; explore their housing situation and prepare for a move; and build a housing team to help them achieve their goals. [In development]

Path 2: Housing Budget
- Three activities to request information about their current benefits; explore options for paying for their own place; and develop a full housing budget. [Path complete]

Path 4: Present Myself
- Activities to help a person overcome barriers if they’ve been denied housing due to poor rental history, bad credit, or a criminal record. [Plan to add requesting reasonable accommodations and criminal record expungement]

Path 3: Housing Needs & Wants
- Three activities to help a person think about what is needed in their housing including features, accessibility features, and service needs. [Planning to be updated]

Path 5: My Day, My Life
- X activities to help a person explore activities in which they participate, identify who helps them with the activities, and develop a personal emergency plan if things don’t go according to plan. [Path complete]

Path 6: Live with Someone
- Helps a person walk through questions to explore living with someone including an assessment to find a roommate and creating a Caregiver Living Expense multiparty agreement. [Initial stages of development]
Using the Paths

Not linear

Path 1  Path 2  Path 3  Path 4  Path 5  Path 6

Person centered

Path 1  Path 3  Path 5

Person

Path 2  Path 4  Path 6
What do I want in a new place?

Follow this path if you:
- Are thinking about moving
- Want to live in your own place

### Housing Needs & Wants

As you look for housing, think about:
- What you must have in the place you live, and
- What you would like, but don’t need.

**Tip:** The more flexible you can be, the easier it will be to find a place.

#### Location

<table>
<thead>
<tr>
<th>Must have</th>
<th>Would like</th>
<th>Doesn’t matter</th>
<th>Don’t want</th>
</tr>
</thead>
<tbody>
<tr>
<td>The same area where I live now</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A new area</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Types of Housing

<table>
<thead>
<tr>
<th>Must have</th>
<th>Would like</th>
<th>Doesn’t matter</th>
<th>Don’t want</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apartment</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>House</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shared housing, including having a roommate</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Budgeting – SSI with MA in AFC

**BUDGET IDEAS**

*Can I move into my own place?*

Follow this path if you:
- Live with family or in a group setting
- Need services in your housing
- Get public benefits

**Options for Paying for Your Own Place**

Answer the questions to get ideas about how to pay for your own place, instead of living with your family, in a group setting, or in a facility.

Some answers are pre-filled based on a Benefits Lookup from the Minnesota Department of Human Services (DHS). You still need to review these and answer other questions the Benefits Lookup didn’t include.

**Basic Information**

Do you have a disability determination from Social Security or the State Medical Review Team (SMRT)?

- Yes, I have a disability determination.
- Yes, I have been determined blind.
- Not yet. I am waiting for SSA or the state to decide.
- No. I have a disability, but no determination.
- No. I do not have a disability.

How old are you?

Are you in school at least half time?
SSI with MA in AFC Results

You Have Options for Paying for Your Own Place

You might be able to move into your own place!

Note: This is based on benefits you don't get right now. It could take a long time before they start. Chat with a Hub expert.

Play With Your Budget

Combine options to make the money add up.

- Work 10 hr/wk at $10/hr
- Work 20 hr/wk at $10/hr
- Get a roommate

Clear All

Try Other Options: Look at working or getting a roommate.

You won't have much money. Try working or sharing an apartment with someone else.

Estimated Budget

Spending Money $75
SSI with MA with Roommate

You Have Options for Paying for Your Own Place

You might be able to move into your own place!

Note: This is based on benefits you don’t get right now. It could take a long time before they start. Chat with a Hub expert.

Play With Your Budget

Combine options to make the money add up.

- Work 10 hr/wk at $10/hr
- Work 20 hr/wk at $10/hr
- Get a roommate

This is a Good Plan!

With these options, you’ll have enough money to eat well, go out sometimes, have your own phone, and have cable TV. You’d have even more to spend if you worked.

Estimated Budget

<table>
<thead>
<tr>
<th>Income</th>
<th>Rent, Utilities, etc.</th>
<th>Spending Money</th>
</tr>
</thead>
<tbody>
<tr>
<td>$1,600</td>
<td>$415</td>
<td>$1,025</td>
</tr>
</tbody>
</table>

You chose to:

- Not work
- Share a two-bedroom apartment with a roommate or care provider

Note: The numbers below may include benefits you don’t get today, but might get if you live in your own place.

Your estimated monthly income:

- SSI (Supplemental Security Income) + $750
- MSA (Minnesota Supplemental Aid) + $81
- MSA Housing Assistance + $194

Total Income $1,025

Your estimated fixed expenses:

- Rent (sharing a two-bedroom place) $560
- Utilities (electricity, heating, gas) + $50

Total Expenses $610

What would be left for food, transportation, phone, cable TV, and everything else:

Estimated monthly income $1,025

- Estimated fixed expenses $610

Spending money $415

Change My Answers

Next Results
SSI with MA with Work

You Have Options for Paying for Your Own Place
You might be able to move into your own place!

Note: This is based on benefits you don’t get right now. It could take a long time before they start. Chat with a Hub expert.

Play With Your Budget
Combine options to make the money add up:
- Work 10 hr/wk at $10/hr
- Work 20 hr/wk at $10/hr
- Get a roommate

This Plan Could Work: Try living with a roommate or live-in care provider.
With these options, you’ll have enough money to eat well and have your own phone. If you share a two-bedroom apartment with another person, you’d have more money for spending on things like going out or getting cable TV.

Estimated Budget

- Spending Money $302

SSI with MA with Work

- Work 10 hours per week at $10 per hour
- Have your own one-bedroom apartment

Note: The numbers below may include benefits you don’t get today, but might get if you live in your own place.

<table>
<thead>
<tr>
<th>Your estimated monthly income:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Work</td>
</tr>
<tr>
<td>$435</td>
</tr>
<tr>
<td>+ SSI (Supplemental Security Income) + $575</td>
</tr>
<tr>
<td>+ MSA (Minnesota Supplemental Aid) + $61</td>
</tr>
<tr>
<td>+ MSA Housing Assistance + $194</td>
</tr>
<tr>
<td><strong>Total Income</strong></td>
</tr>
<tr>
<td><strong>$1285</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Your estimated fixed expenses:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rent (living alone in one-bedroom place)</td>
</tr>
<tr>
<td>$900</td>
</tr>
<tr>
<td>+ Utilities (electricity, heating, gas) + $50</td>
</tr>
<tr>
<td>+ Social Security and Medicare taxes + $33</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
</tr>
<tr>
<td><strong>$983</strong></td>
</tr>
</tbody>
</table>

What would be left for food, transportation, phone, cable TV, and everything else:

- Estimated monthly income $1,205
- Estimated fixed expenses - $983
- **Spending money** $302
Scenarios

SSI with MA
• Goal: live in own apartment
• Lives in Adult Foster Care
• SSI: $771
• MA/Waiver

SSDI with Spenddown
• Goal: live in own apartment
• Lives with family
• SSDI: $1,200
• MA Spenddown: $396
• Medicare/Waiver
Thank You!

Heidi Sandberg
heidi.sandberg@state.mn.us
(651) 431-6357
Communications from DHS

**Bulletins**
Official policy communications to inform DHS business partners, about program changes and required actions

**E-List Announcements**
Official policy communications to inform Disability Services Division business partners, about program changes and required actions

Policy and general reference

**Community-Based Services Manual**
Online manual and reference tool for lead agencies who administer HCBS.

**CountyLink**
A website designed for counties administering all DHS programs that includes manuals, performance measurement data, training resources, and I.T. systems (including SSIS and MnCHOICES).
**Technical Assistance**

**DSD Response Center**

Phone or email connection to provide customer service for lead agencies, providers, consumers and other partners regarding technical assistance for HCBS programs.

*DSD.ResponseCenter@state.mn.us*

**Policy Quest**

The Disability and Aging PolicyQuest is an automated web-based system for designated lead agency staff to submit policy questions. The public can view the responses.

**Training**

**Upcoming DSD Training Opportunities**

Upcoming schedule of DHS provided training opportunities for lead agencies, providers, and other stakeholders. You can also visit our training archive to access materials from past trainings.

**DSD Training Archive**

Archived Trainings grouped by topic and date. Audio provided up to three months after initial training.

**Aging Training & Conferences**

The Aging and Adult Services Division and Minnesota Board on Aging offer training for lead agency staff and for those looking to learn more about how to better serve and support older adults more broadly.
Advocacy

**Ombudsman (LTC, DD/MH, MCO)**

Regional ombudsmen work to enhance the quality of life and services for people receiving services and supports by providing advocacy and other assistance.

**Specialized**

**Disability Hub MN**

Statewide information, referral and assistance service to connect people to community services.

**Senior Linkage Line**

Statewide information, referral and assistance service for seniors, caregivers, and Medicare beneficiaries.

**DB101.org**

Provides tools and information on employment, health coverage, and benefits to learn how work and benefits go together.

**Lead Agency Review Website**

The purpose of the HCBS Lead Agency Review website is to share information about the lead agency review process, including case file review and site visit protocols as well as our findings with lead agencies.
| **Person Centered Thinking Training** | Review learning objectives and register for Person Centered Thinking training as well as Picture of a Life – Person Centered Plan Facilitation Training. |
| **Person Centered Practices Webpage** | Overview of the Person-Centered practices initiative, including frequently asked questions, the Person-Centered, Informed Choice and Transition Protocol, as well information for providers and the public. Including FAQ Page. |
| **Olmstead Plan Webpage** | Minnesota’s Olmstead plan guides state agencies to ensure that all people having the right to make choices: where to live, to have a satisfying job, to attend classes and to be part of the community. |
| **Positive Supports Minnesota** | Positive supports are approaches that are used to help people using a variety of proven support strategies that do not include punishment or seclusion. Website includes policy, training, resources and examples. |
Please take a moment to let us know your thoughts.

- Take our [Survey](http://surveys.dhs.state.mn.us/snapwebhost/s.asp?k=156899950378)
Audio from today’s session will be available beginning tomorrow morning by dialing:

855-859-2056

Conference ID:

1450829

If you have questions following the session, email to DSD.ResponseCenter@state.mn.us
Thank you for attending!